



# MODBURY MESSENGER

'SEPTEM'  
the seventh month in the 10-month Roman calendar  
before January & February were added

also good for organic carrots

## SEPTEMBER

illustration - Andy and Polly Rathbone

For the People of Modbury & Brownston

Volume 23, Issue 294 - September 2023

### MEN'S BREAKFAST CLUB

A Men's Breakfast has recently started up in Modbury. The idea is to provide a place where men can meet, have a good breakfast together and hear a good speaker.

Run by St George's church, it is open to anyone who'd like to come. We meet every other month at the Modbury Inn on a Saturday morning and we have had some really good speakers, including a political commentator, talking about the present state of politics, a Professor of Oceanography, and a former Soldier, talking about whether war can be just. Each not only talked about their subject, but the way their own personal faith has informed their understanding.

This next time, we are really fortunate to have Diana Walters, an international peacekeeper, talking about her experiences.

*Simon Franklin*

### MODBURY LOCAL SHOPPING SURVEY

Please fill in and return the Modbury Local Shopping Survey questionnaire on page 9. It will help our Modbury Traders shape the future of the Modbury shopping experience for us all.

**MEN'S BREAKFAST**

SATURDAY 16TH SEPTEMBER | 9AM  
FULL ENGLISH WITH TOAST, TEA/COFFEE £10

AT THE Modbury Inn

"Facing down violence"  
Heritage & peacebuilding  
GUEST SPEAKER  
Dr Diana Walters  
International Peacemaker

book a place with simon franklin 01548 830071 email: safranklin@btinternet.com

Organised by St George's Church

### MARS Table Tennis Club for Adults

- Do you want to start something new in September 2023?
- Do you want to play an indoor sport that helps you to keep fit and active?
- Do you want to meet new people?

Don't worry if you have never played before or have no one to accompany you – we'll make you welcome and show you how to play. Basic equipment provided – bring your own refreshments – only £2.00 per session

Why not come and try it out in the Pavilion, Recreation Ground, off Barracks Road, Modbury on Wednesday evenings 19.30-21.30ish restarting 6<sup>th</sup> September 2023.

For further information contact Colin Low on 01548 830089, 07551 939639 or email [colinalow@hotmail.com](mailto:colinalow@hotmail.com)



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# MODBURY PARISH COUNCIL REPORT

Report of the Modbury Parish Council Meeting Tuesday 1st August 2023, 7.00 pm, The Pavilion, QEII Recreation Field, Modbury. Based on the Draft Council Minutes (please refer to minutes for full details).



Seven Parish Councillors were present, along with Rufus Gilbert, the Devon County Councillor and five members of the public. Helen Nathanson from MPC and Bernard Taylor from SHDC sent their apologies.

**Devon Councillor's Report:** Rufus Gilbert reported that Devon County Council have progressed matters regarding the BT manhole at Goutsford. The proposal to close the mobile library service has been called in for scrutiny. The Church Lane disabled parking bays are being abused and it is proposed to change these to mandatory spaces for blue card holders. DCC has additional funding to re-do all the white give-way and stop lines at junctions in the County.

Modbury Parish Council commented that this was positive news, but that in Modbury the main concern was for the increasing problem with pot-holes. The Modbury road warden team will be doing a survey of all the pot-holes and will meet with DCC when this is completed.

**Church Lane Allotments** – there are still no sale details, but offers are welcome. One previous offer has been declined. The request for them to made a community asset is progressing.

## Planning

- a) 2070/23/HHO Householder application for dwellings extension Kingston - Supported
- b) 1837/23/FUL Freestanding single storey agricultural/storage building, Bonny Moor, Field At Sx 6681 5216 Modbury

MPC is concerned that this is over-development of the site. There is concern that the slope downhill to the pond would create agricultural run-off from the land to enter the natural spring water. MPC note that the there is still a caravan on site despite this previously being a matter for enforcement. It was agreed that MPC cannot comment further on the application until the enforcement matter is resolved and requests that SHDC undertake a site visit.

**Community Engagement:** Proposal to establish a working group comprising Gerry McAllister and Sarah Wyatt and representatives from the traders and the community concerning supporting the life of Modbury high street was agreed. The group to agree Terms of Reference for approval at the next Council meeting.

**Sustainable Modbury:** Feedback from the recent meeting with SWW regarding the sewerage works in January 2024 resulted in two main issues being discussed:

- The proposed sewerage works in Modbury – SWW's reason for a combined pipe rather than two separate ones is the extent of other utility sources under the road. They are currently undertaking research to see if they can use a different repair process that would reduce the length of time to complete the work.
- Modbury Treatment Works – it was felt that SWW response to concerns was unsatisfactory and this is being pursued.

The Water Quality Group are seeking an second opinion from the Environmental Agency regarding both issues.

**P3** - Clearance work has taken place on FP1, 2, 3, 4 and 5 and a stile repaired on FP5. Work continues on the renewal of a finger post at Donkey Lane and the poor condition of the final stretch of FP3 will be considered at the next meeting of the Maintenance Committee.

**Chris Barnes**



## Are you passionate about the town you live in ?

Would you like to be involved in the decisions that get made about your home town? Modbury Parish Council need people with fresh eyes, new ideas, passion and interest to take the town into the future. There are currently four vacancies on the Parish Council - we need your help.

Come along to the Parish Council meetings which are the first Tuesday of every month at 7pm at the QEII Recreation Ground Pavilion to find out more or contact

[parishclerk@modburyparishcouncil.gov.uk](mailto:parishclerk@modburyparishcouncil.gov.uk)



# Modbury Mission Community

To know Jesus and make him known



## St George's Church

Please check our website for our current opening times



### Welcome to St George's Church, Modbury

While renovations are taking place inside St George's Church, venues for our services may vary so please check our website for the latest updates: [www.modburyteam.org](http://www.modburyteam.org). Kids' Church resumes on September 17<sup>th</sup>. Please bring your children to the advertised Service venue and they will be met by the leaders and taken to the School Hall.

September	Service		Service Leader
Sunday 3 <sup>rd</sup>	Holy Communion 9.30 am	Modbury Memorial Hall	Rev. Matt Rowland with a visiting preacher, Geoff Hanna
Sunday 10 <sup>th</sup>	Holy Communion BCP 8.00 am All Age Service 9.30 am	St Monica's Modbury Memorial Hall	Rev. Matt Rowland Rev. Oli Long
Sunday 17 <sup>th</sup>	Holy Communion 9.30 am	Modbury Memorial Hall	Rev. Matt Rowland
Sunday 24 <sup>th</sup>	Service of the Word 9.30 am	Modbury Memorial Hall	Gil Snook
Sunday 3 <sup>rd</sup>	Holy Communion 9.30 am	Modbury Memorial Hall	Rev. Matt Rowland with a visiting preacher, Geoff Hanna

### CHRISTIAN COMMENT: REMEMBERING TO SAY 'THANK YOU'

September is the time when many churches throughout the country hold a service of Harvest Thanksgiving, to thank God for his goodness. The tradition of celebrating Harvest Festival, in the way that we know it today, was first introduced in 1843 by Revd. Robert Hawker of Morwenstow, at a time when this country was primarily rural. As most people made a living from their fields, this was an opportunity to give thanks for being able to have the absolute necessities of life, unlike today, when we do not have to do without food if bad weather affects the crops, as we can obtain similar produce from abroad. This year, there have been problems with the weather and the supply and cost of some items, but generally, we can thank God for the products of his creation and for the miracle that a fruit tree or bush or a vegetable plant has been able to grow from a small seed.

'Thank you' are two of the first words that we learn to say as children, and possibly two of the first words we forget to say as Christians. We attend Harvest Thanksgiving Services, Remembrance and Memorial Services and other Services, where we say thank you to God for the work and lives of others, but how often do we personally say thank you to God for what he has done for us, or for those we have been praying for? Often our prayers are littered with the word 'please', but sparse on the words 'thank you' as we ask God for help or healing for ourselves and others.. But when he answers our requests, how often do we remember to say 'thank you'? Are we like the nine of the ten lepers who had been healed by Jesus who were so overjoyed at no longer being outcasts of society, that they went straight away to get on with their lives again? Or are we like the other leper who was so overjoyed that he came back to thank Jesus for his healing?

There are many different ways of saying 'Thank You' to God, for his countless blessings and for listening to us when we pray. In our church services we use four different types of prayer - adoration, confession thanksgiving and intercession - and each one is as important as the others so maybe we could use that pattern for our own prayers too?

*Joyce*

Joyce Howlett

**Are you aged 17 – 25?**  
Any person living in Modbury Parish (including Brownston) who is leaving school to start higher/ further education or a training scheme, is entitled to a small, one-off grant from

**The Modbury Education Foundation**  
Please apply by 1<sup>st</sup> October 2023 with your full name, postal address and brief details of the course you will be taking to [sue@merc5.co.uk](mailto:sue@merc5.co.uk)

**Sue Mercer**

**St Monica's Roman Catholic Church, Modbury**  
Mass weekly at 12 noon on Saturday

**St Austin's Priory Roman Catholic Church, Cadleigh**  
Mass weekly 11.30 am on Sunday

**Phone: 01752 895888**  
**E-mail: [ivybridge@prcdtr.org.uk](mailto:ivybridge@prcdtr.org.uk)**






# NOAH'S ARK

For 0-4 year olds

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Chatwell Lane, PL21 0FS

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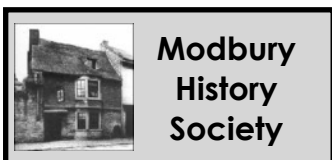
## A Quilt of Memories for an Amazing Space

There are occasions in one's life when ideas and consequences must be not only well thought through, but executed with commitment and passion. Hopefully the great and the good of Modbury, their friends and families can and will be willing to assist in this mission.

In an attempt to raise £10,000 for The Amazing Spaces project to secure a future for St George's Church, providing a modern bright and open setting, comfortable chairs, heating, a new kitchen for post-prayer refreshments, I was asked to dress the window in Pickles to catch the eyes of our parish. £10,000 is a huge amount of money to raise. So, let's break this down to a more manageable sum. We simply need 1000 people to donate £10. Gift aid if possible. Simple.

"But what do I get for my money?" I hear you say.... A chance to be part of a project not seen thus far in Modbury. A Community Quilt. A piece of fabric that is special to yourself... bridesmaid dress, mother's or father's shirt... could be anything you like, although appropriateness must be considered (no skull and crossbones for example). There will be a photographic record of this, and all stitchers are welcome to assist. (biscuits provided). The Quilt will be mounted and hung at the back of the church for all to enjoy. So, my appeal to you is to come forward, embrace the challenge, and with your help and Divine intervention we can get this done by May Fair 2024.

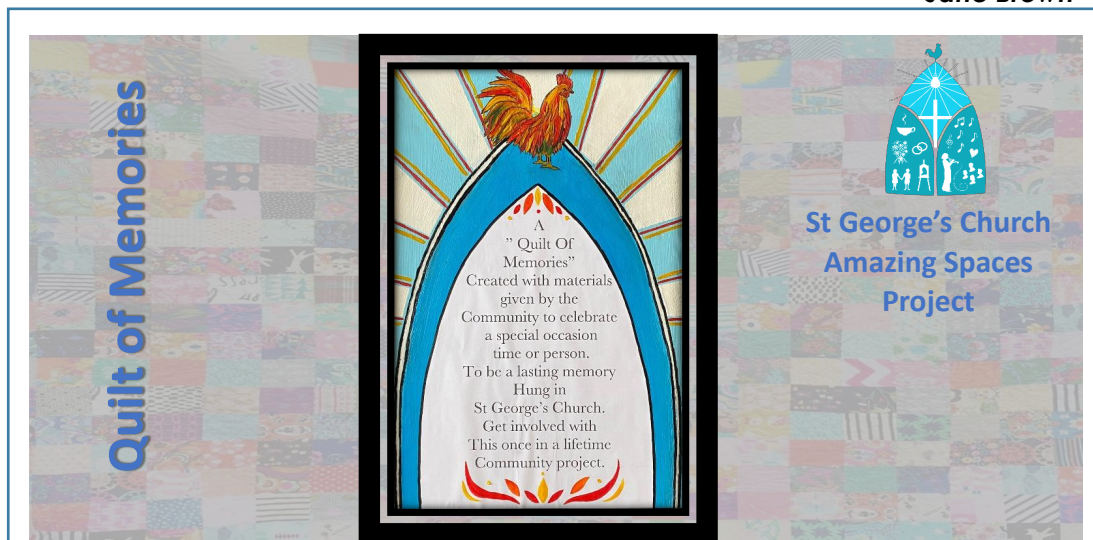
Jane Brown



Modbury History Society is hoping to change its meeting day and time. In the past, the meetings have been held on the second Friday evening of the month, but we hope to change to a Tuesday and are considering meeting during the afternoon.

Please look out for an announcement on Modbury Next Door about the September meeting. In the meantime, please contact me if you would like further information about our programme [rosiejaneparker@gmail.com](mailto:rosiejaneparker@gmail.com)

Rosemary Parker



**Be part of this Amazing once in a lifetime community project. A unique lasting memorial to celebrate a special occasion, time or person.**

Simply find your special material, 10cm x 10cm (4"x4"), fill in the form below and put both in an envelope together with your donation of £10, cash or cheque payable to Parochial Church Council of Modbury. Mark the envelope "Quilt of Memories" and give to one of the following:-

**Jane Brown**, South Traine, Brownston Street, **Richard Taylor**, 8 Stones Close, **David Smith**, Devonshire Fine Art, 9a Church Street, **Simon Franklin**, 2 Lanveoc Way, **Gill West**, Restholme, 24 Brownston Street. Alternatively you can post it to Gill West at "Restholme, 24 Brownston Street, Modbury, Devon. PL21 0RG

**To be included in the record of all the pieces of material, and what makes them special, it is important that we get all three things together, thank you.**

If you need more forms for friends and family, they can be downloaded at [www.modburyteam.org/amazing-spaces-project](http://www.modburyteam.org/amazing-spaces-project). If you want any further information contact Jane 07880 911 912, Richard 07799 626 134 or

Gill 07849 253 605

**Can you help stitching? Contact Jane.**



### Quilt of Memories

With your special material please include a donation of £10 in cash or cheque payable to *Parochial Church Council of Modbury*

If you can Gift Aid your donation it goes 25% further. (see Gift Aid Declaration below)

\*I would like you to collect Gift Aid.

\*Why is your material special to you? .....

Name ..... Address .....

Post code ..... I \*do/do not wish to have my name recorded.

Gift Aid Declaration: Please treat as Gift Aid donations all qualifying gifts of money made to St George's Church Modbury, today and in the past four years. In future I confirm that I have paid (or will pay) an amount of Income tax (6<sup>th</sup> April-5<sup>th</sup> April annually) that is at least equal to the amount of tax that all of the Charities (or Community Amateur Sports Clubs) to which I donate will reclaim on my gifts for that year. I understand that other taxes such as VAT and Council tax do not qualify, and that St George's Church will reclaim the basic rate of tax on every £1 that I give them (or gave them over the last four years as applicable)

Signed .....

## Modbury Bridge Club



If you have tried to learn bridge in the past you may have found bidding hard work, before you get to the fun.

Mini-bridge is the new way of teaching the game. Start with

the fun and pick up the hard stuff gradually and effortlessly! Sign up to begin in Sept/Oct when a group has formed.

The club meets on Thursdays at 12.45 for a 1pm start, ending at about 4pm. We meet in the MARS Pavilion < QEII Recreation Ground, Chatwell Lane, PL21 0FS, (off Barracks Rd), Modbury. Entrance £2-50.

If you already play bridge (however little) you are welcome to join in the duplicate sessions playing at from 4 to 8 tables or more as we expand.

Email Rodney Bomford on [nootig321@gmail.com](mailto:nootig321@gmail.com) for information – or just come along and play (we can usually find you a partner if needed).

**Rodney Bomford**

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Higher Green Park (Palm X) 15:35 to 16:35

**Wednesday 13th September**

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09:10 to 09:30

Devon  
Libraries



## MODBURY PARISH COUNCIL

Modbury Parish Council Office, 2 Galpin Street, PL21 0QA 01548 830222 email [parishclerk@modburyparishcouncil.gov.uk](mailto:parishclerk@modburyparishcouncil.gov.uk)

### Your Councillors are:

Bill Cole	01548 830913	
Gerry McAllister	07957 597217	<a href="mailto:gerrymcallister@modburyparishcouncil.gov.uk">gerrymcallister@modburyparishcouncil.gov.uk</a>
Helen Nathanson		<a href="mailto:helennathanson@modburyparishcouncil.gov.uk">helennathanson@modburyparishcouncil.gov.uk</a>
Barbara Price (Chair)	07739752095	<a href="mailto:barbaraprice@modburyparishcouncil.gov.uk">barbaraprice@modburyparishcouncil.gov.uk</a>
Phil Smith (Vice Chair)	07759282404	<a href="mailto:philsmith@modburyparishcouncil.gov.uk">philsmith@modburyparishcouncil.gov.uk</a>
Dave Trigger	07808742372	<a href="mailto:davetrigger@modburyparishcouncil.gov.uk">davetrigger@modburyparishcouncil.gov.uk</a>
Ann Turner	01548830606	<a href="mailto:annturner@modburyparishcouncil.gov.uk">annturner@modburyparishcouncil.gov.uk</a>
Sarah Wyatt		<a href="mailto:sarahwyatt@modburyparishcouncil.gov.uk">sarahwyatt@modburyparishcouncil.gov.uk</a>

### How can we help you?

Councillors run drop-in surgeries on Saturdays 10 – 11am in the Parish Office at 2 Galpin Street. The Parish Clerk is in the Parish Council office on Tuesdays 10am – 4pm. Call into the office, phone, email or come along to our meetings on the first Tuesday of every month and speak in the public forum.

**Devon County Councillor (Salcombe Division):**

Rufus Gilbert Tel: 01548 856659  
[rufus.gilbert@devon.gov.uk](mailto:rufus.gilbert@devon.gov.uk)

**South Hams District Councillor Charterlands Ward:**

Bernard Taylor Tel: 01548 830844  
[Cllr.Bernard.Taylor@southhams.aov.uk](mailto:Cllr.Bernard.Taylor@southhams.aov.uk)



## Ivybridge U3A Monthly General Meetings

Held at the Watermark 2.00pm – 4.00pm

- |              |  |
|--------------|--|
| 18 Sept 2023 | The Jazz Piano<br><i>Roger Browne</i>                  |
| 16 Oct 2023  | Plymouth Aquarium<br><i>Freya Thomson-Alberts</i>      |
| 20 Nov 2023  | Local Artists and their Art<br><i>Catherine Gillen</i> |
| 18 Dec 2023  | Christmas Party  |

For more details go to the Ivybridge U3A

website [www.ivybridge-u3a.org.uk](http://www.ivybridge-u3a.org.uk)

Email [ivybridge.u3a@gmail.com](mailto:ivybridge.u3a@gmail.com)



## WINE & WISDOM QUIZ NIGHT

**Saturday, 14<sup>th</sup> October 2023 at**

**Modbury Memorial Hall**

*Organised by Modbury Tennis Club*

Doors Open 7pm for 7.30pm start

All Welcome

£5.00 per ticket – Max 6 in a team

Includes **FREE** glass of wine/beer/  
soft drink

Tickets available at the Post Office  
or apply by email to

[info@modburytennisclub.uk](mailto:info@modburytennisclub.uk)

## DO YOU LIVE IN BACK STREET?

We need someone to deliver Modbury Messengers to the houses in Back Street every month. If you can help, email us at

[modburymessengercic@gmail.com](mailto:modburymessengercic@gmail.com)



## Community Orchard Harvest Looks Good for Apple Day Pressing

Unwelcome though the rain may have been for holiday makers, it has been a boon for gardeners and our community orchards. This year's apple crop looks bountiful, so we are all set for our annual **Apple Day on Saturday October 14<sup>th</sup>**.

Our apples are usually harvested after the hay in the orchards has been cut and raked up. The grass is left as meadow grass for the rest of the year to provide a wildlife habitat. Community orchard volunteers work in co-operation with the school at harvest time so that the children are able to engage with the entire juice-making process, from harvest to subsequently washing, chopping (or scratting) the apples before the pulp is placed in the press. When the juice starts to flow, it is captured and bottled ready for pasteurising or freezing.

### Volunteers needed to help with apple pressing

This year the pressing will take place at the **Little Kitchen yard** in the centre of town. Children and parents are encouraged to come along to both observe and be involved. Adult volunteers are particularly needed this year to help with the different stages of pressing and to supervise younger helpers. So, if you can spare a few hours from **10:00am on Saturday 14<sup>th</sup> October**, please contact Ann Turner

[annturner@modburyparishcouncil.gov.uk](mailto:annturner@modburyparishcouncil.gov.uk)

### Bring out your bottles . . . and your apples.

Donations of clean screw-top bottles are always welcome. We need them in advance so that they can be sterilised. If you have some bottles to donate, please contact Colin Whybrow [cwhybrow@btconnect.com](mailto:cwhybrow@btconnect.com) and we can arrange to collect the bottles. If you have apple trees, your own harvest probably also looks good this year and you may have surplus apples to donate to Apple Day. Just bring them along on the day and we can include them with those from our community orchard in the Millennium Meadow, where we grow many traditional Devon varieties. Our Galpin Street Community orchard is not yet mature enough to develop a meaningful crop and a small number of trees have not survived the winter and will need replacing.

### What do we do with the juice?

Some of the juice is made available to take home after the pressing for a small donation, which helps cover the cost of hiring the press and purchasing other items that we need. It is also served at community events such as the Wassail when it is usually offered as hot mulled apple juice; very welcome and absolutely delicious on a cold January evening when the Wassail is held.

**Colin Whybrow**



# MODBURY LOCAL SHOPPING SURVEY

Modbury is a fabulous small town, and we want to continue to ensure that our town centre is used and valued by local people as well as visitors.

We want to ensure that Modbury has the widest possible offer of shops and local services and business.

Please help us by completing this short survey

1. What do you like most about shopping in Modbury?

.....  
.....  
.....

2. How do you think the shopping experience in the town centre could be improved?

.....  
.....  
.....

3. What types of shops or products would you like to see in Modbury? (*Antiques, Crafts/ Craft supplies, Baker/Patisserie, Books, Clothes/Shoes/ Boutique, Toy Shop, any other*)

.....  
.....  
.....

4. Would you be more likely to shop locally if parking was free or reduced at certain times/ days?

.....  
.....  
.....

5. Is there anything else you would like to add or tell us?

.....  
.....  
.....

Do you live in Modbury? YES/NO

Do you travel into Modbury to use shops or services? YES/NO

When completed – please leave this form at the Post Office (or if completed online – send it to [gerry.mcallister@outlook.com](mailto:gerry.mcallister@outlook.com)) – thank you.

## River Erme Councils

### Who we are

We represent the six Town and Parish Councils whose catchment includes the River Erme and the streams which flow into it. Modbury Parish Council has joined forces with the other councils in order to pool resources and share information and ideas about addressing the pollution in the River Erme and the Mothecombe Estuary.

### Why have we done this?

Water quality is a public health and environmental issue which affects all of us and the plants and creatures living in and near the river. The Erme flows into the Mothecombe Estuary. A recent report by South West Water identified sources of pollution including run off from fields, discharge from Sewage Treatment Works particularly after heavy rain, and discharge from private treatment plants. Pressure on drainage is increased by demands from development and increasing unpredictability of weather.

Mothecombe and Wonwell beaches are popular destinations for locals and tourists. The estuary is home to a wide variety of birds and marine creatures and because of this is designated as a Site of Special Scientific interest which should be protected. We believe that we have a responsibility to address these issues on behalf of our communities.

### What we are doing?

Engaging with the Local Planning Authority (South Hams District Council) to ensure that the issue remains high on their agenda. Ensuring that drainage and water quality issues are routinely considered in all planning applications.



Working with local action groups and organisations to highlight the challenges in our area and be informed about examples of good practice.

Supporting funding applications and, where appropriate, providing funding. Working with local voluntary groups who are monitoring the water quality. Modbury and Holbeton Councils have funded testing kits for use by volunteers after appropriate training.

Contact us if you want further information or if you have some relevant expertise or ideas that you would like to share with us at [parishclerk@modburyparishcouncil.gov.uk](mailto:parishclerk@modburyparishcouncil.gov.uk) or [annturner@modburyparishcouncil.gov.uk](mailto:annturner@modburyparishcouncil.gov.uk)

More information on our Terms of Reference and the reference to the SWW report above are on the Parish Council website <https://modburyparishcouncil.gov.uk>

To report a serious pollution incident contact the Environment Agency Hotline: 0800 807060

West Country Rivers Trust: [Info@www.wrt.org.uk](mailto:Info@www.wrt.org.uk) 01579 372140 Charity for protecting and restoring our rivers.

**Ann Turner Modbury Parish Council**



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## theWI INSPIRING WOMEN

### Modbury WI

The next meeting of Modbury WI will take place at 7.30pm on Tuesday, 19<sup>th</sup> September 2023 when a food-themed quiz will be held.

Modbury WI meets most months on the third Tuesday evening of the month at the MARS Pavilion, QEI Recreation Ground in Chatwell Lane, Modbury where there is ample parking. Visitors are most welcome to attend a meeting for a fee of £5.

Please contact me if you would like more information about what Modbury WI does and I will email you a programme. You are most welcome to come along as a visitor to our next meeting (£5 entrance).

[rosiejaneparker@gmail.com](mailto:rosiejaneparker@gmail.com)

**Rosemary Parker**

## walk&talk

Our September walks will be on the 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>.

The venue and travel arrangements for each of these walks will be discussed and decided at the previous week's walk.

Walk Leader contact details:

Sue Rogers	01548 831289	Catherine Speight	01548 830195
Jean Wright	01548 810029	Ann Brooks	01548 550300

**Sue Rogers**

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# Modbury Players

in partnership with Marchand Petit  
present



## LIONEL BART'S Oliver!

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**1, 2 and 3 February 2024**

We are pleased to announce our most ambitious production yet! Produced by Peter Lowe, directed by Phil Smith, musical direction by Jo Highley and choreography by Angie Tall. Rehearsals will take place on Thursday evenings and Sunday afternoons from early October.

If you share our vision and are interested in joining us on this exciting journey, please contact Peter Lowe on 07930 402845 or Phil Smith on 07759 282404 and attend the casting meeting on Sunday 1 October at 3pm in the Memorial Hall.

Helen Harris of Marchand Petit is delighted to announce that Marchand Petit will once again be working with the Modbury community in partnership with The Modbury Players for production of Oliver! in the New Year. Marchand Petit understand how important it is to take an active role in our communities and are delighted to be supporting this wonderful team and much anticipated production.



## Modbury Players Event

Sunday 3<sup>rd</sup> September

2pm

Modbury Memorial Hall

We are welcoming, kind, supportive and encouraging. Performance is so good for your confidence, it gives you a massive buzz when people applaud you, it helps you at work when you have to do presentations or stand up in front of people. The possibilities are endless.

Come along and see what it's like up on the **stage**, have a sing of favourite **musical songs** around the piano, have a look up in the **costume store** - try some on. Have a go at **reading a script**.

The Modbury Players are a local amateur theatre group **open to all**; you don't have to be a thespian you can take part in so many ways!

**Backstage, Lighting, Sound effects, choreography, playing in the band, producing, directing.**

**Come and meet us!**



## Modbury Hedgehog Count 2023

Firstly many thanks to everyone who sent in their findings this year.

The grand total this year is 57 which is down from last year, but the weather didn't help us or them.

Barrack Road / Long Park / Champernowne had 13

Traine Villas / Brownston Street / Cromwell Park had 13

Palm Cross Estate had 8

Dark Lane / Treveor Gardens had 8

A late rally from Benedict Way / The Priory had 6

Tuckers Brook / Ayleston Park / Silverwell had 3

Galpin Street / Scalders Lane had 3

Orcheton had 2

Back Street / Church Street had 1

People always say that some could be counted more than once, but to counter that there is always a teenager still in bed.

This is my first year of doing the count and in my five years at Lower Green Park I had never seen one in our garden, on the last Sunday I went out with my dog Cassie for her evening peregrinations and they're eating the mealworms I'd put out for our resident blackbirds was my first hedgehog. Now isn't that strange!!

**Roger Price**

---

## Potholing in Modbury!

No, not the pastime of scrambling down and through cave systems, but the serious business of repairing potholes on the roads around the parish!

One of the most common sources of complaint heard around the town and in the Parish Office is the state of our roads. Responsibility for maintenance of all adopted roads rests with Devon County Highways. However, repeated budget cuts over the years have meant that resurfacing programmes are much curtailed and pothole repairs have been limited to only the most dangerous locations – basically where the hole exceeds 300mm in diameter with a **vertical** face of more than 40mm.

As a way of addressing the problem, Modbury Parish Council has renewed its involvement in the Devon Road Warden Scheme. Rob West has volunteered to take on the role of Road Warden reporting to the Parish Council's Maintenance Committee. A survey of all the parish's adopted roads is being undertaken, reporting all actionable potholes to the Highways Department at County Hall.

We are now looking to recruit a team of volunteers willing to undertake more minor pothole works on an occasional basis. So, if you are reasonably fit, have some spare time and wish to make a much-valued contribution to the community of Modbury, please register your interest or seek more information on what is entailed by contacting us. Visit the Parish Office on Tuesdays between 10.00 and 16.00 or Saturday mornings between 10.00 and 11.00, telephone 01548 830222 or email [parishclerk@modburyparishcouncil.gov.uk](mailto:parishclerk@modburyparishcouncil.gov.uk).

**Phil Smith**

**Modbury Parish Council**

---

## Modbury Barrow Market September

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[pipainsworth@btinternet.com](mailto:pipainsworth@btinternet.com)

or through the Barrow Market Facebook page



## Holbeton Film Club

Our programme for the coming months is:

A Man Called Otto, 15,

Friday 8<sup>th</sup> Sept - changed date

What's Love Got To Do With It? 12A,  
Friday 13<sup>th</sup> October

The Banshees of Inisherin, 12A,  
Saturday 11<sup>th</sup> November

Elvis, 12A,

Friday 8<sup>th</sup> December

Contact 01752 830274,  
[harryluson@gmail.com](mailto:harryluson@gmail.com)



**Harry Baumer**



The Modbury Messenger is a Community Interest Company run by volunteers and we may not be able to continue producing and distributing the Messenger to all of Modbury without your help.

We still have a number of roles that we need to hand over to new volunteers. The first is the advertising role. The cost of producing the Modbury Messenger is covered by our advertising - so many thanks to all our advertisers. Our advertisers allow us to distribute the Modbury Messenger free to 1000 homes and businesses in and around Modbury and host the Messenger Online, where it is advertised throughout the South Hams via social media. We have people looking at the Messenger online as far afield as Hong Kong and even Modbury, South Australia. As advertising secretary, you would be corresponding with our present advertisers, asking if they would like to renew, answering enquiries from new advertisers and seeking advertising from new and established businesses to see if they would like to advertise. The role takes about 7-10 hours a month and is a great way of getting to know local traders and businesses.

We have had a volunteer to help with distribution at Palm Cross, so thank you, but we would also like a couple of relief distributors who could take on different rounds when the normal distributor is away or unable to do the distribution. A distributor for Back Street is also required and this would take about half an hour a month.

If you are interested in volunteering for any of these roles or would like to discuss them, please contact us at [modburymessengercic.co.uk](http://modburymessengercic.co.uk) or ring Lynne on 07806559465.

**Lynne Barnes**



## Modbury and District Branch Royal British Legion

The next meeting of the Modbury and District branch of the Royal British Legion is a social gathering on Thursday 7th September (note the change of day and date) in The Modbury Inn starting at 7pm. Everyone is most welcome.

Also do please note that the next Business Meeting is the AGM which is planned for Wednesday 4th October in The Club and Remembrance will be discussed, including the fact that St George's Church will sadly still be closed.

**David Scott (Hon Secretary)**

Do you  living in Modbury?

**If so, why don't you join these groups and meet and make new friends?**



**Ladies and Gents who Lunch** – local Pub lunches - contact Liz 01548 830313.

**Ladies and Gents who take trips out** – from Modbury P.O 9.30am – 4.30pm – contact Liz 01548 830313.

**Ladies and Gents who craft (or simply sit and chat)** – Memorial Hall – Thursdays – 2 – 4pm £2. Includes tea contact Wendy 01548 831219.

**Ladies and Gents who Stroll and Chat** – Wednesdays – 11 – 11.30 am Poundwell Meadow and then at the Cool Bean Café.

**Ladies and Gents who meet for coffee** – Mondays – 11 am – Cool Bean Café – all welcome to join the table.



*Shop & socialise locally*

## MODBURY MAY FAIR

As Summer slips away let's look forward to the Spring and the famous Modbury May Fair, first held in 1310. So that you can save the dates, we can confirm that it will be held, as traditionally done so, over the first May bank holiday weekend and the following week and weekend.

The theme for 2024 will be sports with an emphasis on the Olympics. The celebrations will start on Saturday May 4<sup>th</sup> with the market, followed by the car boot sale on the Sunday, and a busy day on Monday the 6<sup>th</sup> with the May Fair Royalty crowning, fun and games, duck race and Modbury Mile run. The Carnival Procession will be on Saturday the 11<sup>th</sup> and finally on Sunday 12<sup>th</sup> we plan a community picnic and sports day at the Rec.

Of course we will have all of the usual other events during the week, including the window displays, art shows, treasure hunt, teas, dog show, darts, quizzes, bingo, beetle drive and hopefully more!

The 2024 May Fair committee will be headed up by Pip Ainsworth, so if you have any ideas for events or would like to help out and join in as a volunteer then please email her on [pipainsworth@btinternet.com](mailto:pipainsworth@btinternet.com)

**Pip Ainsworth**

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[theartsocietykingsbridge.org.uk](http://theartsocietykingsbridge.org.uk)

[info@theartsocietykingsbridge.org.uk](mailto:info@theartsocietykingsbridge.org.uk)

## INTENDED MONTHLY FLAG HOIST AT PALM CROSS GREEN - September

<u>Date</u>	<u>Masthead</u>	<u>Starboard Yard (Plymouth) - West</u>	<u>Port Yard (Modbury) - East</u>	<u>Event</u>
03	Red Ensign	W1 <sup>st</sup> sub2	Ans1933 <sup>rd</sup> sub	MN Day. Start of WW2 1939
07	London Flag	BLITZ	Ans1940	Start of London Blitz 1940
13	Army	QUEB3 <sup>rd</sup> subC	1759	Battle of Quebec 1759
15	RAF Ensign	BRITA3 <sup>rd</sup> subN	1940	Battle of Britain Day 1940
16	St George Cross	MAYFLOWER	1620	Sailing of Mayflower 1620
17	RAF Ensign	BRITA3 <sup>rd</sup> subN	SUN	Battle of Britain Sunday

1. Please note that if the wind is above 20 knots the intended flag hoists will not take place.
2. The intended flag hoists will not take place if the Modbury Chief Yeoman is absent.
3. All the signal hoists are done using the various Country/National Ensigns and the International Code of Signals Flags.
4. Starboard Yardarm (Plymouth)-West, will have the event wording, (which sometimes is abbreviated – only 7 or 8 flags can be flown).
5. Port Yardarm (Modbury)-East, will have the year. Answer Pennant (Ans) will indicate the start (when at the top) or end (when at the bottom).
6. 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> substitute flags will be used whenever a flag flown earlier/higher in the hoist is to be repeated.  
eg 2022 = 2,0,1<sup>st</sup>sub,3<sup>rd</sup>sub.
7. If there is a significant event which does take place, additional signal flag hoists will be arranged, subject to the note 1 above. However, all the above flag hoists are subject to change.



## An Apothecral Tail: Novum stagnum in Roslin Villa

### Aestas

A recent skirmish in the ongoing Bamboo War has resulted in considerable collateral damage around the pond. One casualty was the long anticipated flowering of the monkshood (*Aconitum napellus*). I shall have to wait another year to celebrate the properties and uses of this icon.

About two feet away from the much mourned monkshood is this **valerian** (*Valerian officinalis*)

*Valerian* (Potassium Bromide and Valerian Mixture)

Extract of the valerian root is still commonly sold in herbal medicines for sedation and sleep, but this is based on its long traditional use for this purpose. There is little clinical evidence to support its use for this purpose and consequently there are no licensed medicines on the market.

Interestingly in 1592, Fabio Colonna wrote a book describing how he had cured his own epilepsy using valerian root. Valerian contains a number of phytochemicals, among them **valeric acid**, a derivative of which is **valproic acid** a leading drug used for treating epilepsy. Valproic acid was first synthesised in 1882 as an analogue of valeric acid. At that time, valproic acid was used as a medicinal solvent and it wasn't until 1962 that a French researcher serendipitously discovered its anti-epileptic properties. Today, valproic acid is the world's leading treatment of epilepsy; it is also in the treatment of bipolar disorders and the prevention of migraine.

Despite the name, this plant is not closely related to the **red valerian** (*Centranthus ruber*) which is widely seen around Modbury most notably growing in walls. Red valerian is a relatively recently introduced garden escapee originally from the Mediterranean. It gets its name from the superficially similar appearance of its flowers to true valerian. Red valerian has no known medicinal properties.

*Valerian officinalis* is a native plant with a long history of use in medicine. It was mentioned by Hippocrates (460 to 370BC), "the father of medicine" Galen (129 to 216 AD), "the father of pharmacy", prescribed it for sleep. Its species name "officinalis" refers to its inclusion in the Pharmacopoeia Londensis (around 1620) when Thomas Culpeper referred to its beneficial use for treating cough and even plague. In my early days in pharmacy, many prescribed medicines were made in the pharmacy and my job was to prepare stock bottles of commonly prescribed preparations.

Among these was *Mist. Pot. Brom. et Valerian*.

Interesting also, is the fact that during the time of both world wars, Germany was the dominant manufacturer of medicinal substances. During the wartime blockade of Britain, there was a real shortage of many medicines. This led to the setting up of County Medicinal Herb Committees. Organisations such as the WI and Scouts and Guides were given instructions on how to forage medicinal plants particularly foxglove and valerian. Drying rooms were set up to dry the plants to prevent degradation of the active principles. I wonder how this worked out in Modbury, a potentially rich source of medicinal plants.

*Fiat cum secundem artem*

Edward Holt



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# MODBURY MESSENGER

## COMMERCIAL ADVERTISING RATES MODBURY MESSENGER AUGUST 2023

SIZE	1 INSERTION		3 – 10 INSERTIONS (Per insertion)		12 INSERTIONS (Per insertion)		12 INSERTIONS (Year Total)	
	Black	Colour	Black	Colour	Black	Colour	Black	Colour
1/8 page	£15.00	£30.00	£13.00	£26.00	£8.00	£16.00	£96.00	£192.00
1/4 page	£30.00	£60.00	£25.00	£50.00	£15.00	£30.00	£180.00	£360.00
1/2 page	£54.00	£108.00	£43.00	£86.00	£25.00	£50.00	£300.00	£600.00
1 page	£96.00	£192.00	£74.00	£148.00	£40.00	£80.00	£480.00	£960.00

### Advertisement Sizes:

One eighth page

One quarter page

One half page

Full page

Portrait or Landscape 1.75" x 2.5" (45mm by 65mm)

Portrait 3.5" x 5" (90mm x 130mm) Landscape 7" x 2.5"

Landscape 7" x 5" (180mm x 130mm) Portrait 10" x 3.5"

Portrait 7" x 10" (180mm x 250mm)

To advertise in the Modbury Messenger, contact the Editor, Lynne Barnes via email on [modburymessengercic@gmail.com](mailto:modburymessengercic@gmail.com)

## Modbury Messenger October 2023

### Copy Date 10th September

The copy date for the October 2023 Modbury Messenger is 10th September. Please email all articles, notices of events and paid advertisements to [modburymessengercic@gmail.com](mailto:modburymessengercic@gmail.com).

The Modbury Messenger is published by Modbury Messenger CIC and is printed by Kingfisher Print. The views expressed in the Messenger do not necessarily represent those of Modbury Messenger CIC.

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## MODBURY MESSENGER CIC

Modbury Messenger CIC is a Community Interest Company and as such is registered by the Registrar of Companies for England & Wales, Northern Ireland or Scotland. A Community Interest Company is a special type of not-for-profit limited company which exists to benefit the community. The purpose of Modbury Messenger CIC is to disseminate information about events, notices and articles of interest to the people of Modbury and it does this by publishing the Modbury Messenger, a printed newsletter, every month with 1000 copies delivered to homes and businesses within the Parish of Modbury. An online copy of the Modbury Messenger is available to neighbouring communities, advertised via social media and on our website [modburymessengercic.co.uk](http://modburymessengercic.co.uk)

Advertisers are charged a fee for advertising in the Modbury Messenger and this covers the cost of producing the Modbury Messenger. The Board of Directors, Company Secretary, Editor, Proofreaders and Distributors are all volunteers.

**Directors of Modbury Messenger:** Christopher Barnes, Diana Lynne Barnes, Burda Gage, Bernard Taylor.

**Company Secretary:** George Rosevear FCIS.

**Editorial Committee:** John Bower, Lynne Barnes, Nicky Shepley, Ira Young.

Modbury Messenger CIC has produced the Modbury Messenger as an independent CIC since September 2018. Previously, it was published by Modbury Parish Council.

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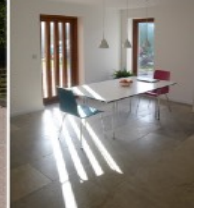
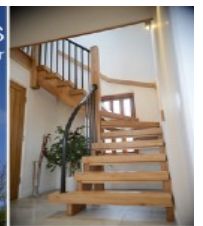
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