



MODBURY MESSENGER

October



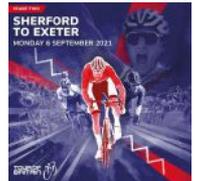
illustration - Caroline Barker

For the People of Modbury & Brownston

Volume 21, Issue 270 - October 2021

MODBURY WELCOMES THE TOUR OF BRITAIN

The Tour of Britain, the UK's most prestigious cycle race, came to Modbury on Monday 6th September. The 115 mile Devon stage started at Sherford at 11am and finished in Exeter at approximately 3:45pm. The people of Modbury had two chances to cheer on the race, at about 11:30am as the cyclists sped along the A3121 at Strode Cross and then again at 1:30pm as they came along the A379 from Kingsbridge and through Modbury. The weather was perfect - you could have been in the south of France watching the Tour de France.



First chance to see the cyclists at Strode Cross.

The cyclists whizzed by as they rode along the flat section of the A3121 towards Ugborough, then on to Totnes and Dartmouth and the King of the Mountain stage at Strete. The TV cameras captured the stunning scenery of the South Hams by helicopter and motorcycle cameramen. On through Kingsbridge and Aveton Gifford before coming into Modbury.

Cheering crowds greeted the cyclists as they cycled along New Road, Broad Street and Church Street, first the small breakaway group of 5 and then, 5 minutes later, the peloton. This time there was more of a chance to see the cyclists as the hill of Church Street slowed their efforts and forced some of the cyclists to rise out of their saddles as they topped the hill and came past Palm Cross Green.

You will be able to see the excitement on video clips posted on the Modbury Messenger website

www.modburymessengercic.co.uk

As always the community spirit of Modbury excelled as crowds of townsfolk lined all of the route, waving flags and cheering. From 4 week old Lottie in her pram to Modbury's oldest citizens - everyone came to see this historic event. Many people of Modbury were seen out on their bikes that week, having dusted them off for the first time since lockdown.

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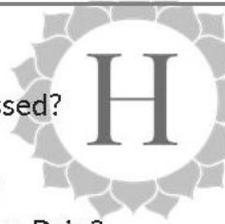
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Modbury Parish Council Report



MODBURY
PARISH COUNCIL

The meeting was held on 7th September 2021 at 7.00pm at the Mars Pavilion, Queen Elizabeth II Recreation Ground. Seven members of the PC were present with apologies from another 2. Also attending were Devon County Councillor for Salcombe Division Rufus Gilbert and South Hams District Councillor Bernard Taylor. 3 members of the public were present.

Devon County Council Report: Rufus Gilbert commented that Modbury was one of the few places where the electoral role numbers had gone up lately, from 1334 in 2017 to 1517 in 2021.

District Council Report: Bernard Taylor reported that the repairs to the Barracks Wall were planned for October/November and the work was out for tender. He also reported that FCC, the company carrying out the refuse collections, has had financial penalties imposed for missed collections

Open Forum: One member of the public raised the question of why the people of Modbury only found out about the latest developments with the Neighbourhood Plan from the press rather than from the Parish Council or the Modbury Messenger. The Parish Council replied that as it was not on the agenda it would be added to the agenda for next month for discussion.

Another member of the public stated that he would like to be considered for the current vacancy on the Parish Council. He made a statement about himself and that he lives in the Palm Cross development. The Parish Council asked for the public to leave the meeting so that they could discuss his application. After the discussion Oliver Jones was duly co-opted onto the Parish Council.

The Parish Clerk stated that another vacancy for the Parish Council is being advertised at present so if any one is interested they should contact the Parish Clerk.

Council Meeting: The minutes of the meetings of the 6th & 27th July and 24th August were agreed with an amendment to the 6th July minute 2012.97.

CCTV: the CCTV by the Parish Office has been up and running for about 2 months and a policy document had been produced which was approved at this meeting and subsequently appeared on the Parish Website. A further 3 cameras were on order which would cover most of the centre of Modbury.

Planning:

2803/21/HHO	Cottlass	Single story extension	Supported
2610/21/FUL	13 Broad Street	Extension to first floor flat	Supported
3290/21/TCA	Palm Cross	Silver birch crown reduction	Supported

Appointments: Due to changes within the Parish Council various appointments to committees and external organisations were discussed and approved.

Christmas Lights: The Christmas Lights switch on is scheduled for Friday November 26th with the lights being installed around 23rd October.

The Maintenance Committee have been praised by members of the public for their work filling potholes and they have recently spent a day in Brownston filling potholes and clearing out gullies.

The meeting ended at 21.10. For more details about the meeting, please read the full minutes published on the Modbury Parish Council website.

Chris Barnes



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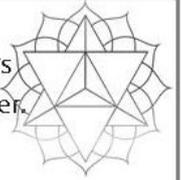
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Welcome to St George's Church, Modbury

We are open every Sunday for public worship and the church is open every day if you wish to visit the building for a time of personal prayer and contemplation.

Everyone is welcome and you can find out more about what's on offer from our website www.modburyteam.org. If you want to speak to the Vicar, call Rev Matt on 01548 830260 or email matt.rowland@modburyteam.org

CHRISTIAN COMMENT: THANKFULLNESS

'Piglet noticed that even though he had a very small heart, it could hold a rather large amount of gratitude.' **AA Milne**

Even though our communities are small, we have lots to be grateful for. As the year turns again to Autumn we will be holding Harvest services in our parish churches. These services give us the opportunity to express our gratitude to those who tend, grow and look after the beautiful countryside and coasts that surrounds us. And to thank the God who is behind it all.

As we, hopefully, come out of the pandemic we all have been reminded of the importance of our local community. And this year we are especially thankful to our local stores like Co-op, Pickles, Mackgill's and the pharmacy in Modbury, the community shop in Aveton Gifford and Holywell Stores in St Ann's Chapel. We are thankful to the front line workers who left homes to work while the rest of us remained locked down.

And as you feel gratitude in your heart, one of the writers in the Bible encourages us to follow the clues back to the living God 'he has not left us without testimony; he has shown kindness by giving you rain from heaven and crops in their seasons; he provides you with plenty of food and fills your hearts with joy.' As you notice your thankfulness, let it point you to the good God who gives good gifts.

St Monica's Roman Catholic Church, Modbury

St Austin's Priory Roman Catholic Church, Cadleigh

01752

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Mass is at 8.45 am every Sunday morning at St. Monica's, Modbury

Matt Rowland

ST GEORGE'S, MODBURY

October	Service	Family info	Service Leader
Sunday 3rd	9.30am Holy Communion & Harvest Festival	Groups for under 5s, ages 6-9 and age 9+	Rev Matt Rowland
Sunday 10th	8 am Holy Communion		Rev Matt Rowland
	9.30am All age service	Children & families together in church	Rev Matt Rowland
Sunday 17th	9.30am Holy Communion	Groups for under 5s, ages 6-9 and age 9+	Rev Matt Rowland
Sunday 24th	9.30am Sunday Worship		Michael Tagent
Sunday 31st	10.30 am at Ringmore Church		Steve Weston
Thursdays in Church	9.15am Noah's Ark Ages 0 - 4 years	Last Thursday of the month - walk together	Louise Rowland

Allotments – What’s in your Shed?

What any scarecrow could tell you, should you ask, is that every allotment needs a shed and Modbury has a fine selection on both of its sites. Not a Man-Shed these days as that would be non-PC, whatever that means, but a shed in which to store tools, flowerpots, out of date seeds, onions, hibernating mice and spare parts for scarecrows.



The origin of gardening tools is particularly interesting and I've watched them change over the centuries. Forks for example were invented by the Chinese – yes really! In the Xia dynasty about 2000 BC. Originally from chopsticks of course, then doubling up and adding a long handle.

We've all called a spade a spade, or worse, but the original Greek proverb was to call a bowl a bowl, but got mistranslated in the 16th century.

A rake (as in Rake's Progress) was a man who was fond of immoral conduct, particularly womanising, maybe in garden sheds? "Come and look at my onions . . ."

Wellington boots were invented by the 1st Duke of Wellington, a soldier, Prime Minister, dapper dresser and keen allotment gardener.

The first recorded mention of a watering can was in AD 79, a particularly dry year.

The daisy grubber is a tool used to pull out long roots. Daisy Grubber, on the other hand, was a character in early editions of "The Archers".

The Hoe was invented in Plymouth by Sir Francis Drake as he quickly removed dandelions from the bowling green before rushing off to London for some naval activity.

And a Hoedown is a dance from the southern states of America, with dance moves loosely resembling farming chores, especially hoeing. Try it. Preferably in the privacy of your own shed.

It has been a good year for beans but they have now almost finished, but there's lots of other vegetables to harvest. **Vegetable of the Month** is Butternut Squash. Great roasted with the potatoes for Sunday lunch or made into a spicy soup with red chilli or coriander.

Jeffrey Wurzell

Contacts:

County Councillor (Salcombe Division): Rufus Gilbert. Tel: 01548 856659 rufus.gilbert@devon.gov.uk

South Hams District Councillor (Charterlands): Bernard Taylor Tel: 01548 830844 Cllr.Bernard.Taylor@southhams.gov.uk

MODBURY PARISH COUNCIL

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01548 830222 email parishclerk@modburypc.co.uk

Your Councillors are:

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John Harvey	01548 830294	
Oliver Jones		oliverjones@modburypc.co.uk
Barry Keel	07795 533704	barrykeel@modburypc.co.uk
Peter Keohane		peterkeohane@modburypc.co.uk
George Rosevear	01548 831427	georgerosevear@modburypc.co.uk
Andy Walker		andrewwalker@modburypc.co.uk
Peter Watts (CHAIR)	07721 918129	peterwatts@modburypc.co.uk
Rob West (VICE-CHAIR)	01548 830135	robwest@modburypc.co.uk
Barbara Price		barbaraprice@modburypc.co.uk
Jo-Anne Woodcock	01548 831128	jowoodcock@modburypc.co.uk

How can we help you?

Councillors run drop-in surgeries on Saturdays 10 – 11am in the Parish Office at 2 Galpin Street

The Parish Clerk is in the Parish Council office on Tuesdays 10am – 4pm.

Call into the office, phone, email or come along to our meetings on the first Tuesday of every month and speak in the public forum.

Modbury May Fair 2022 - Help needed

28th April to 7th May

This is a shout out for new people to come forward and help with the organisation of the Modbury May Fair.

For those of you who are new to Modbury, the Fair is a fantastic opportunity to really immerse yourself into community life and get to know your neighbours. There is something for everyone from Amateur Dramatics, to running the Modbury Mile, from bingo to carnival. Usually there are activities on most of the days throughout the Fair to appeal to different age groups and families. New ideas are always welcome, but the new ideas all need to be put in action so this is where you come in.

We need new committee members – people who are good at organising and planning, then we need a whole raft of people who can muck in, making things, setting up stalls, acting as marshals, coordinating activity and generally volunteering.

We need people to do the publicity and social media, design posters and leaflets, liaise with the media.

Everyone who helps with the May Fair is a volunteer and they give their time and expertise freely, you don't have to be on the committee and attend meetings if that's not your thing.

If you think you have specific skills that would be useful for the running of the fair or you just want to help in any capacity, please, please get in touch. We would love to hear from you, young or old but the Fair depends on the continued drive and commitment of **you** to keep it going.

Last year was pared down because of the pandemic but we would love to see that phoenix arise from the ashes and make a big splash in the town for 2022.

Are you with us?

Contact Sarah Wyatt: circlecelebrantsarah@gmail.com: 07794662903

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Diary of a Local Beekeeper – End of the Beekeeping Season

As winter approaches, Duncan updates readers on his and Justine's pre-winter preparations in his last article for the Messenger (for this year).

With autumn finally here, it feels like the right time to reflect on the highs and lows of this year's beekeeping season. Of course since my last article, Justine and I managed to extract another 115lbs of honey, which consequently flew out of the Post Office in a matter of hours! The amount ended up being lower than I had forecast – the bees had either used some for food, or taken it lower down into the hives in preparation for winter. This of course is absolutely fine by us! It's their honey and we are always careful to take only that which we are certain is surplus. The final crop tally was some 260lbs – very low, when you consider an average year should net nearer 400lbs. But the season never really caught up after this year's cold, wet spring and was compounded by a number of swarms, despite our efforts to mitigate them. We were not the only ones either – many beekeepers had the same experience and the general consensus is that it was due to stress in the hives from the poor spring. The good news however, is that, after a deal of uncertainty, a lot of our hives now have new, virile queens, which should provide the basis for strong colonies next season.



Another huge plus this year has been the total revamp of my old honey extractor (some 50 years old!) by Geoff Ross, who has managed to reconfigure the drive mechanism, so it now reaches speeds I never would have thought possible before. And as a result, a more efficient honey extraction (and greater yield) has been made possible. He is a very talented engineer, who I categorically recommend to anyone in the market for such skills. Thank you so much, Geoff.

Meanwhile, Justine and I are ploughing on with our list of pre-winter preparations outlined in last month's article, the most important being a comprehensive feeding programme, especially for the weaker hives. We need to ensure an average hive has at least 30lbs of honey to give them every chance of surviving the colder seasons. During our regular topping up of the feeders, it has become evident that wasps are increasingly being a bother. Wasps are physically stronger than bees and can easily barge their way in to a hive to steal their food – it takes four worker bees to overcome each one. As a result, we have now reduced the entrance size of all our hives, to help the bees guard more successfully against robbing.

We also need to thwart another unwelcome intruder – mice! These pesky critters can enter hives during the winter when the bees are comatose and completely eat out their food stores, leaving the bees to starve. We are therefore in the middle of fitting mouse guards over all our hive entrances – these are strips of metal which have holes large enough for bees to pass through, but too small for unwelcome furry squatters.

As well as the entrances, we are also reducing the height of our bigger hives, so the bees have less space to heat when the weather turns cold. All the stages and frames we remove are stored, so they can be brought back into play next spring when the hives start to increase again. For beekeepers the winter months provide a great opportunity to carry out maintenance on all spare kit – sanding down, painting hives and making up new frames – so everything is in the best condition for the start of next year's season.

In last month's article, I mentioned that we were considering putting two small colonies together, to see if they stood a better chance of surviving the winter combined. This risky procedure only works if one of the colonies happens to be queenless, which I thought maybe the case here. Otherwise, the outcome would be a complete disaster. Previous searches of this tiny colony had failed to elicit a queen, or much evidence of her handiwork, but the bees weren't behaving as if they were queenless. The upshot of the story is, that on the most recent delve into the colony, we managed to locate a queen and, even better, she was finally laying eggs. So we have abandoned our combination plans and will leave each colony to over-winter individually, albeit with a regular supply of food.

During the cold weather, the bees cluster together in the hive, to generate and maintain sufficient warmth. Keeping the queen always protected, the workers constantly move from the outside of the cluster into the centre. Contrary to what might be perceived, the best winter conditions for bees are dry and cold days. Then they become virtually inactive and thus consume less food. The queen suspends egg laying until spring is imminent, whereupon the whole hive production mechanisms crank into life again.

I would like to thank the Modbury Messenger for letting me share my beekeeping experiences this season. I have thoroughly enjoyed writing these articles and hope that readers have found them both interesting and informative. Certainly the positive feedback I've received has been most heartening, not to mention the glowing reviews of the honey itself. Let's hope for a much better season next year.

Duncan Currall

Fresh Retailing for Modbury Pharmacy



Modbury Pharmacy re-opened last month after a lengthy period of building work. The shop was officially opened by the town crier, David Scott, at the end of August. The newly renovated shop is now ready for business, with an ongoing focus on health and wellbeing.

The team at Modbury Pharmacy would like to thank you all for your patience and support during this time and are looking forward to welcoming you all back in through the doors. Please do pop in for a meander around the new shop; for helpful, friendly advice or (for those who are feeling a little braver!) to book in for your flu jab.



With thanks to Gethin Thomas for the photos including the Town Crier.

New Trustees Wanted for the Modbury Memorial Hall

Would you like to support your community? Have you got some time on your hands? Perhaps you would like to improve your CV or could offer specific skills to support others? If you have said yes to any of the above we would love to talk to you about becoming a new Trustee for the Modbury Memorial Hall.

It would be an exciting time to join us as we are currently undertaking an extensive internal & external renovation and full review of delivery activity. We would particularly welcome people who could offer social media, marketing, finance or creative / performing skills. Or who just use the Hall and want to improve it.

Please contact Kim Clifford kimclifford2@outlook.com for further details or to express an interest.

Kim Clifford

MODBURY COMMUNITY APPLE DAY

Saturday 2nd October - 10AM - 2PM



**Fun events for all at
the Modbury Memorial Hall**

- * Apple printing - create your own graphics
- * Apple Critters - make yours at the craft table
- * Apple Bobbing - teeth and towels at the ready
- * Apple identity parade - can you recognise traditional Devon apple varieties?
- * Apple Tombola - homemade tarts, crumbles and pies to be won
- * Delicious hot baked apples

If you have any apples to donate for pressing,
please bring them along on the day



THE LITTLE COFFEE BOX

I started my coffee trailer this May, at the Thatches Holiday Park just outside of Modbury. It has been such a fantastic experience and so lovely to trade locally where friends and neighbours have been able to pop up and see me. Prior to this I was a Science teacher and Head of Learning Support for 22 years. This year I felt ready to have a go at pursuing my dream of running my own little coffee shop (albeit one on wheels!).

I have had incredible support from the local community, who have agreed to allow me to sell my coffees, cakes and milkshakes in Modbury on a Friday (3-5pm) and the first Sunday of every month (9-11.30am) from the Memorial Hall car park. First Sunday opening will be on the 3rd Oct and there will be fresh pastries. I would really love to see you there.

My coffee is roasted by the Curator Roastery in Totnes. I sell Cappuccino, Latte (plain, vanilla and caramel), Mocha, Americano, Flat White, Espresso, Chai Latte and Hot Chocolate. I also sell milkshakes!! (Vanilla, Strawberry and Chocolate).

My Pastries are baked by the Lamaro Bakery in Totnes. I sell Croissant, Pain au chocolate and Pain au raisin.

My cakes are baked by:

Lauren @ Jacinda Bakes, Modbury (Millionaire Shortbread, Gluten free fruity flapjacks)

Emma @ Cupcake Cottage, Ivybridge (Rocky Roads, Mars Cookie Bar and Triple Chocolate Brownies).

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The Great Modbury Hedgehog Count – The Results



A big thank you to all those individuals and families who responded to our Hedgehog Count held between the 1st and 18th of July. Nearly all the observations were between the hours of 9 and 11 pm.

In total **60** hedgehogs were seen by **21** people. Inevitably there will be some double counting where reports are from neighbours or near neighbours and where hedgehog routes are known. It is very difficult to estimate how many different animals were seen but the numbers still show that there is a thriving population in Modbury.

Areas reporting (these have been grouped where movement is known or possible):

Galpin Street/Stones Close - 7 reports; total of 15 hedgehogs.

Benedict Way - 4 reports: total of 8 hedgehogs.

Traine Paddock/Champernowne/Long Park (School end) - 3 reports; total of 9 hedgehogs

Trevoor Gardens/Cromwell Park/Dark Lane - 3 reports: total of 8 hedgehogs.

Palm Cross Estate - 1 report of 2 hedgehogs.

Silverwell/Ayleston Park/off Brownston St - 2 reports; total of 11 hedgehogs.

Roving dog walker - 1 report of 7 hedgehogs spread over 7 locations.

The majority of reports were from households where hedgehogs are fed regularly which is excellent news although I wonder how the Galpin Street hogs are able to stagger from feeder to feeder!

This has not been a scientific study but will give a base level if repeated in future years. There are also some areas where numbers in the town are unknown and it would be interesting to find out if there is a separate colony in Brownston. Perhaps next year?

Helping Hedgehogs in Autumn

October is the month when there is a lot of hedgehog activity as they build up fat supplies in preparation for the winter hibernation and may start nest building.

- Keep putting out supplementary food and water but remember, never feed any milk-based food or drink
- Take care when moving piles of autumn leaves and always check bonfires carefully before lighting

If you see a hedgehog in distress please contact the local rescue centres for help and advice:

ELM Wildlife Hedgehog Rescue.
South Devon Hedgehog Rescue
Prickles in a Pickle

07971 276658
07716 768618
07891 657104 or 07970 983608

Phil Jolly



Everyone of our 110 volunteers at the foodbank has had a busy summer.

We still supply between 180-205 food parcels every week and are still offering a delivery service to our clients despite Covid-19 restrictions being lifted.

In addition to our usual provision of food to all our clients, we have supported 567 family households over the summer holidays, providing additional lunch items for families so they could make packed lunches for children if going on a day trip or cook a hot lunchtime meal with their children at home. In this way, we provided over 1,300 lunches over the 6 weeks summer holiday for all the children we support. With some funding from Devon County Council, we were also able to offer each of the 200 children we support a free day out with their family either at Woodlands or Forest School.

We have also been busy helping families buy new school uniforms for their children starting their new school year. We have purchased uniforms on behalf of those in need to help them with the financial cost of buying new uniforms for their children. A school blazer for example costs £36.00.

We are grateful for your ongoing support of the work that we do. We simply couldn't do our work without local support and the amazing army of volunteers that we are so fortunate to have. All donations of money and supplies are very much appreciated. However, if you are able to set up a standing order it would really help us by giving us a guaranteed monthly income helping us to plan more strategically and cost-effectively.

Further details on how to donate can be found on our website: www.kingsbridgefoodbank.org.uk

Thank you again for all your support on behalf of all the trustees at Kingsbridge Foodbank.

Scarlett Hoskyns



NOAH'S ARK
Toddler Group

Thursday Mornings Term Time
9.15-11.15am

St Georges church, Modbury

Hot drinks • Snacks • Songs • Bible story • Craft
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Diana Booth



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FOUR RIVERS DEMENTIA ALLIANCE

Would you like to help your local communities by joining our team?

WANTED SECRETARY – volunteer

Duties would include: to ensure meetings are effectively organised, to maintain records and administration; and uphold the requirements of our governing documents.

We have open meetings about every 6 weeks throughout the year, plus our AGM.

WANTED Volunteer Minute Taker

Can you spare about 3 hours every 6 weeks, to take the minutes of The Four Rivers Dementia Alliance afternoon meetings? If so, we really need your help.

If you would like to find out more please contact Liz Hitchins (Chair) on 01752 880715

Four Rivers Dementia Alliance (4RDA)

4DRDA is a collaboration of people from Ivybridge and the parishes of Bickleigh, Shaugh Prior, Sparkwell, Brixton, Wembury, Newton & Noss, Yealmpton, Ermington, Cornwood, Harford, Ermington, Ugborough, South Brent, Rattery, North Huish, Diptford, Modbury, Kingston and Ringmore and any interested people or organisations.

Aims:

To improve the lives of people living with dementia, their families and carers, to raise awareness, to reduce stigma, to share ideas, to promote good practice, to share and develop resources, to develop partnership projects, and to build dementia friendly communities and villages.

Website: www.4riversdementia.org.uk

Liz Hitchins

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which resulted in a swift sale”**

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Modbury Wildlife Action Group Update

We thought it was time to give you a progress update on what we have been up to this year and what is planned in the next few months. As you know, we aim to do what we can to improve conditions for the natural world to flourish within our parish for the benefit of both people and animals. We can only be successful with your support, and we want to encourage as much dialogue and involvement as possible with Modbury residents of all ages.



Verges: Several carefully selected areas of verge were selected to grow through the summer without being mown, with due regard to visual impact and traffic safety. This was achieved as a result of close cooperation with the Parish Council and their contractors (with particular thanks to Colin Whybrow). Long grasses and wildflowers provide a habitat which is extremely valuable to insects and small mammals and can also be very attractive. Species of plants which have thrived as a consequence have been monitored, so that in the first instance we would know what was already there. Over 15 plant species have been identified over the summer, including common yarrow, lesser calamint, bird's foot trefoil, selfheal and burnet saxifrage. The verges should all have been cut by the end of September and the ModWAG volunteers will

rake off the mowings. Management of verges in the UK is seen as one of the key elements in improvement of biodiversity, and we look forward to working with the PC, SHDC and residents on how to develop a plan which is right for Modbury.

Churchyard: Across the UK churchyards are being recognised for their value not only as places of rest, serenity and spiritual reflection but also for their potential as safe havens for nature. The PCC kindly allowed us to monitor a small area in the southeast corner of our churchyard, allowing it to remain unmown from April to September. In springtime this area was full of primroses and celandine and there were more than 30 other species which emerged over the summer, such as lords and ladies, pignut, barren strawberry and herb robert. In August, with warmer weather we found many insects thriving in the long grass. Species of birds, butterflies, plants and lichens have been recorded and reported on a monthly basis and summarised on a board in the church entrance. A working party of volunteers has removed any pernicious weeds such as hogweed, docks and brambles from this area in order to prevent them becoming invasive. In the autumn we will create a display to summarise our findings, which will be available for all to see.



Memorial Hall Garden: We were delighted to be asked to contribute to the planning and planting of the garden adjacent to the new play park. The Sea Scouts have made some nest boxes and Cubs are making a bug hotel to be placed in a safe and suitable place within the garden.



Hedgehogs: In this edition of the Messenger you will find a summary of the numbers of hedgehogs reported in Modbury this year. We plan to repeat the hedgehog census at the same time each year, and in the meantime encourage residents to adopt hedgehog friendly practices in their gardens. These endearing creatures are endangered in the UK but with your help we can do a lot to support them, so we will continue to offer advice on simple measures which can make all the difference to survival and breeding success of our prickly friends. Hedgehog friendly gardens also help other species such as insect-eating birds, so we are not just focusing on hogs and hoglets.

Communications : We have established good working relationships with our PC and SHDC biodiversity officer, and we look to Devon Wildlife Trust for expert advice as needed. We have set up a Facebook page for anyone to join and contribute to, we publish regularly in the Modbury Messenger, and from time to time on Next Door Modbury. In late January or early February 2022 we hope to run an open forum for anyone with an interest in helping us move forward, and we want to hear from you and have as much active engagement as possible. Please don't hesitate to get in touch with us via carolinebower@btinternet.com if you have any constructive feedback or suggestions for us to think about.

Caroline Bower



ModWag volunteers clearing the churchyard

Save the date and fingers crossed!

St George's Church Quiz Night

Modbury Memorial Hall

Saturday 20th November

7.00pm

Quiz Master Nichola Aldridge

At the present time we are unsure of the exact format, numbers and whether we can have puddings as in previous years, so further details next month.

theWI
INSPIRING WOMEN

Modbury WI

The next meeting of Modbury WI will take place at 7.30pm on Tuesday, 19th October 2021 at the MARS Pavilion, Chatwell Lane, Modbury when Margaret Duffy will be talking about 'tiaras and feathers.'

New members are most welcome or why not come along as a guest at first. Please contact me at rosiejaneparker@gmail.com if you would like to know more about what we do.

Rosemary Parker

Modbury Tiddler Playgroup



Fridays

**9.15 - 11.15 am at Modbury
Memorial Hall**

The Eden Cottages Trust



A spacious two-bedroomed Almshouse, suitable for two people, available at Eden Cottages in Exeter Road, Ivybridge

The accommodation comprises a large sitting room, two bedrooms, bathroom, downstairs toilet and kitchen.

The Trustees invite applications from anyone in housing and financial need but under the terms of our governing document, they must be members of the Church of England.

Applications will not be considered from existing homeowners, nor from established tenants of social housing.

Full details and application form can be obtained from the Secretary to the Trustees (07714 335862)
edencottages.secretary@gmail.com

"The Eden Cottages Scheme of April 19, 2000, states that residents must be "poor persons who are members of the Church of England."

Under the charities exemption of the Equality Act 2010, the organisation is allowed to specify applicants have to be members of the Church of England."

Closing date – 25 October 2021

Holbeton Film Club



Our programme for the coming months is:

Friday October 8th: Dark Waters
Saturday Nov 13th: 1917
Friday December 10th: Yesterday
Saturday Jan 8th: Official Secrets
Friday February 11th: The Father
Saturday March 12th: Nomadland

Harry Baumer 830274



Modbury History Society

The October meeting of the Modbury History Society will take place at 7.30pm on Friday, 15th October at The MARS Pavilion, Chatwell Lane, Modbury when Robert Hesketh will be giving a talk entitled 'Exploring Plymouth's Heritage.'

If you would like further information about the society please email me at rosiejane.parker@gmail.com.

Rosemary Parker



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BOLBERRY DOWN PARKRUN

The benefits of our local community Parkrun

What are parkruns? They are free, weekly, community events held all around the world, organised entirely by volunteers. Every Saturday morning at 9am participants complete a 5 km (3.1 mile) course. They represent a positive, welcoming and inclusive experience where there is no time limit, and no one finishes last. Everyone is welcome to come along, whether to walk, jog, run, volunteer or spectate.

Where does it take place? Our local event is at Bolberry Down near Malborough and uses the very flat and stunningly picturesque cliff-edge land owned by the National Trust.

What are the benefits for me? There are three main areas of positive improvements reported by participants:

1. **Sense of achievement** - leading to improved mood and self-confidence. The flexibility of parkrun – which can be for whatever purpose an individual chooses – means goals include simply attending, getting faster, visiting different parkrun venues and regular participation. In addition to achieving at parkrun, it generates a sense of self-confidence to achieve in other areas of life.
2. **Connecting with others** - participants described a strong sense of community and shared experience with other parkrunners, helping people to feel acknowledged and valued. There was a sense that parkrunners genuinely invest in and care about each other, and support others as they have been supported, leading to improved self-esteem and sense of worth.
3. **It's for everyone** - participants found parkrun inclusive and welcoming in a safe and familiar environment. The 5k distance was considered manageable, and the fact it is free, nationwide and doesn't require specialist clothing or equipment demonstrates its accessibility. Participants reported feeling a genuine sense of equality at parkrun regardless of ability.



Bolberry Down parkrun
our free, weekly, community event

All of these benefits were nicely summarised by 43-year-old Sumi from Surrey who said: “parkrun is such a positive start of the weekend for me. After all the drudgery of work and stress, it cleanses my soul, helps me reset my body and start afresh. I like the fact that parkrun is not about competition, time, expectation or performance - it just gives me a sense of simply what I am about”.

Our community-led Bolberry Down parkrun is open to everybody and typically attracts a wide range of participants: young and old, male and female, fit and unfit. Everyone is welcome to come and run, jog, walk or volunteer, for more details see www.parkrun.org.uk/bolberrydown

Martin Longley



JOIN THE PARKRUN FAMILY
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IMPROVE HEALTH & FITNESS Be active in the open air	BUILD CONFIDENCE Track progress & achieve new goals

"I love making new friends and being with people who are encouraging each other. I had no idea that it would change my life in so many positive ways."
Alison Mead

Bolberry Down, near Malborough
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www.parkrun.org.uk/bolberrydown

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CRAFT GROUP

Memorial Hall, Modbury



Every Thursday 2 to 3.30pm
 All abilities welcome
£2
 Please contact Wendy on 01548 831219 for more information.

walk&talk

Our level 2/3 (Max. 90mins duration) Tuesday walk dates for October are: 5th, 12th, 19th and 26th October. W



We meet at 9.45am at Poundwell Meadow car park to start our walks at 10am.

Walk Leader contact details:-

Sue Rogers 01548 831289 Catherine Speight 01548 830195 Ann Brooks 01548 550300
 Deena Farrell 01548 83 0692 Jean Wright 01548 810029

Sue Rogers



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Royal British Legion - Modbury Branch

The next meeting of the Modbury and District Branch of the Royal British Legion will take place on Monday 4th October 2021 starting at 7.30pm, when it will be hoped to continue having a face to face meeting in The Club, provided that the COVID guidelines do allow. New members are always most welcome. This meeting will be the Annual General Meeting when the Officials of the Branch will be elected.

David Scott (Hon Secretary)

SOUTH HAMS MOBILE LIBRARY

Saturday Oct 2nd & 30th
Poundwell Square
09:45 to 12:15

Tuesday Oct 12th
Ayleston Park
14:45 to 15:30
Poundwell Square
15:35 to 16:35

**Devon
Libraries**



What's On in Modbury

Walking Group - Wednesdays
11am outside Modbury Health Centre. Half hour walk followed by coffee and a chat at Cool Beans afterwards.

Craft Group - Thursdays
2:30-3:30pm Memorial Hall Meeting Room £2 including tea.

Knit & Natter - Wednesdays
7:30pm Memorial Hall Meeting Room. Bring your knitting, sewing or crochet project. £2 including tea.

Seated Dance & Singing Sessions
- last Wednesday of the month
2:30pm-4.30pm Mars Pavilion. £3 incl tea and cake.

MODBURY TOUCH RUGBY

**Every Monday 1800 -
1900 @ QEII
Recreation Ground**

Just turn up or any queries contact us:
ModburyTouchRugby@gmail.com



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MONTHLY FLAG HOIST COMPETITION AT PALM CROSS GREEN

With the agreement of Modbury Parish Council, a monthly competition will be held on a couple of days a month whereby persons will identify the flag hoists on both the Starboard and Port yardarms on the days indicated with a “?” in the monthly table of the intended flag hoists, as shown below. The flag hoists will only use the International Code of Signal Flags, which can be found on the next page (p.21).

This is intended to be a bit of fun for everyone taking part, whether as individuals, or families.

Participants (only Modbury residents) will need to complete the entry form on p.21 and then hand into Modbury Court number 3 (George Rosevear Office) by the 9th day of the month, when all correct answers will be placed in a hat and a draw will take place. The winner will receive a prize. The idea of the competition is to enable persons to identify the International Code of Signal Flags and add more interest to the Palm Cross Green monthly Flag Hoists.

The winner will be notified and the correct Flag Hoists will be promulgated in the following month's Modbury Messenger.

FIRST COMPETITION WINNER

Last month's messages were:

STARBOARD YARDARM (PLYMOUTH SIDE-WEST) - **TOUR 21**. PORT YARDARM (MODBURY SIDE EAST) - **BICYCLE**

I am pleased to announce that from the correct entries received a winner was pulled out of the hat! The winner is John Evans from Shilstone. His modest prize is four bottles of San Miguel, paid for by the Royal British Legion chairman, George Rosevear.

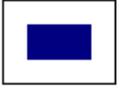
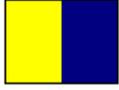
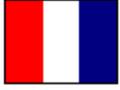
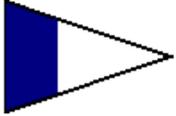
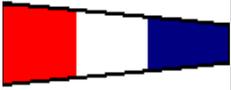
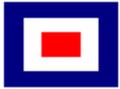
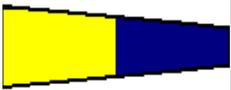
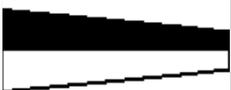
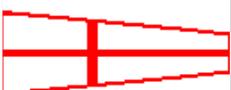
Date	Masthead	Starboard Yard (Plymouth) - West	Port Yard (Modbury) - East	Event
06		?	?	Monthly Competition Day
07	Union Flag	AFGHANS	Ans202 nd sub1	Start of Afghanistan War 2001
09		?	?	Monthly Competition Day
11	Union Flag	2BOER	Ans1893 rd sub	Start of Second Boer War 1899
14	Normandy Flag	HASTING	1063 rd sub	Battle of Hastings 1066
17	White Ensign	TRAF3 rd subLG2 nd sub	SUN	Trafalgar Sunday
21	White Ensign	TRAF3 rd subLG2 nd sub	1805	Battle of Trafalgar 1805
23	Army Flag	LA1 st subMEIN	Ans1942	Start of Battle of El Alamein 1942
24	UN Flag	FOUND	1945	Founding of the UN 1945
25	Army Flag	AGINCORT	141 st sub5	Battle of Agincourt 1415
28	RM Flag	FOUND	162 nd sub4	Founding of RM 1664
29	Union Flag	SUEZ	Ans1956	Start of Suez Crisis 1956
31	RAF Ensign	BRITA3 rd subN	1940Ans	End of the Battle of Britain 1940

1. Please note that if the wind is above 20 knots the intended flag hoist will not take place.
2. The intended flag hoist will not take place if the Modbury Chief Yeoman is absent.
3. All the Signal Hoists are done using the various Country/National Ensigns and the International Code of Signals Flags.
4. Starboard Yardarm (Plymouth)-West, will have the event wording, (which sometimes is abbreviated – only 7 or 8 flags can be flown).
5. Port Yardarm (Modbury)-East, will have the year. Answer Pennant (Ans) will indicate the start (when at the top) or end (when at the bottom).
6. 1st, 2nd, 3rd substitute flags will be used whenever a flag flown earlier/higher in the hoist is to be repeated. eg 1911 = 1, 9, 1stsub, 3rdsub.
7. If there is a significant event which does take place, additional signal flag hoists will be arranged, subject to the note 1 above.

However, all the above hoists are subject to change.

David Scott, Modbury Chief Yeoman

International Code of Signal Flags

Letter						Number	Substitute		
A		J		S		0		1st	
B		K		T		1		2nd	
C		L		U		2		3rd	
D		M		V		3		4th	
E		N		W		4		<p>Substitutes The use of substitutes is to enable the same signal flag, either alphabetical flag or numeral pennant, to be repeated one or more times in the same group, in case only one set of flags is carried on board. The first substitute always repeats the uppermost signal flag of that class of flags which immediately precedes the substitute. The second substitute always repeats the second and the third substitute repeats the third signal flag, counting from the top of that class of flags which immediately precedes them. No substitute can ever be used more than once in the same group.</p>	
F		O		X		5			
G		P		Y		6			
H		Q		Z		7			
I		R				8			
						9			

Flag Competition Entry Form

Name:	Address:	Contact Tel No:
Starboard Yardarm Flag Hoist – west (Plymouth)	Port Yardarm Flag Hoist - east (Modbury)	

Make sure your entry form is returned to George Rosevear, 3 Modbury Court, by 9th October to be entered into the competition.



MODBURY MESSENGER

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SIZE	1 INSERTION		3 – 10 INSERTIONS (Per insertion)		12 INSERTIONS (Per insertion)		12 INSERTIONS (Year Total)	
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1/8 page	£15.00	£30.00	£13.00	£26.00	£8.00	£16.00	£96.00	£192.00
1/4 page	£30.00	£60.00	£25.00	£50.00	£15.00	£30.00	£180.00	£360.00
1/2 page	£54.00	£108.00	£43.00	£86.00	£25.00	£50.00	£300.00	£600.00
1 page	£96.00	£192.00	£74.00	£148.00	£40.00	£80.00	£480.00	£960.00

Advertisement Sizes:

One eighth page

One quarter page

One half page

Full page

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Portrait 3.5" x 5" (90mm x 130mm) Landscape 7" x 2.5"

Landscape 7" x 5" (180mm x 130mm) Portrait 10" x 3.5"

Portrait 7" x 10" (180mm x 250mm)

To advertise in the Modbury Messenger, contact the Editor, Lynne Barnes via email on modburymessengercic@gmail.com

Non-commercial advertising rates are half the commercial rates.

Modbury Messenger November Copy Date 10th October

The copy date for the November 2021 Modbury Messenger is 10th October. Please email all articles, notices of events and paid advertisements to modburymessengercic@gmail.com.

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modburymessengercic@gmail.com

MODBURY MESSENGER CIC

Modbury Messenger CIC is a Community Interest Company and as such is registered by the Registrar of Companies for England & Wales, Northern Ireland or Scotland. A Community Interest Company is a special type of not-for-profit limited company which exists to benefit the community. The purpose of Modbury Messenger CIC is to disseminate information about events, notices and articles of interest to the people of Modbury and it does this by publishing the Modbury Messenger, a printed newsletter, every month with 1000 copies delivered to homes and businesses within the Parish of Modbury. An online copy of the Modbury Messenger is available to neighbouring communities, advertised via social media and on our website modburymessengercic.co.uk

Advertisers are charged a fee for advertising in the Modbury Messenger and this covers the cost of producing the Modbury Messenger. The Board of Directors, Company Secretary, Editor, Proofreaders and Distributors are all volunteers.

Directors of Modbury Messenger: Christopher Barnes, Diana Lynne Barnes, Burda Gage, Bernard Taylor.

Company Secretary: George Rosevear.

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