



#### For the People of Modbury & Brownston

illustration - Amanda Brookes Volume 23, Issue 296 - November 2023





Friday December 1st 6pm, Church Street

Pipe band, Christmas Royalty, Lantern Parade

Music from the Modbury Gospel Singers & Carousel

The Modbury Players will be dressed up

Father Christmas will be in his Grotto

Come and enjoy the festive atmosphere



SUNDAY 5TH NOVEMBER 2023

ADULT £5 / CHILD (3-16yrs) £3

HMENTS 6.30PM/FIREWORKS 7.30PM/LIMITED PARKING

CHATWELL LANE



### MODBURY PARISH COUNCIL REPORT

There is not a report of the October Parish Council meeting in this Modbury Messenger as the meeting is on 24th October, after the deadline for the Modbury Messenger. Please see the Parish Council webpage

https://modburyparishcouncil.gov.uk For further details or email the Parish Clerk at parishclerk@modburyparishcouncil.gov.uk



### SWW Sewerage works January 2024 Public Consultation

Wednesday 25th October 2023 The Pavilion, QEII Recreation Field

Doors open between 2pm and 6pm for drop-ins. There will be two formal Q and A sessions at 3pm and 5pm

book a place with simon franklin O1548

830071 email: safranklin@btinternet.com

### MODBURY CREATIVE WRITING GROUP

Modbury Creative Writing Group are a gathering of lively and varied individuals with an interest in creating prose and poetry. We would love to have some new members, novice or experienced.

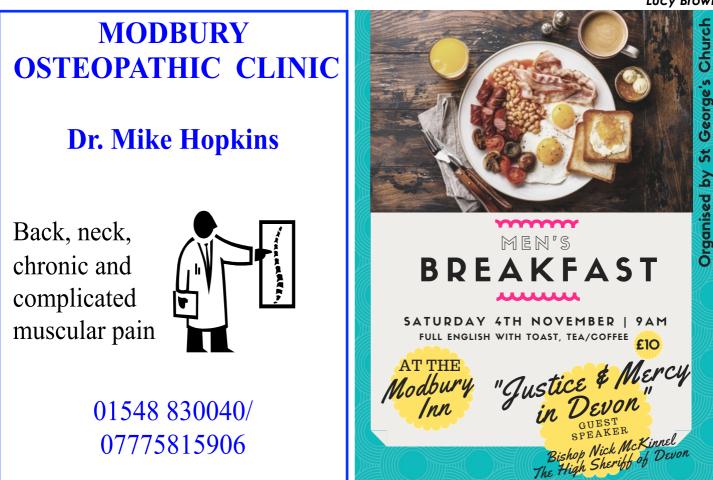
Interested? Come along to an open session on Saturday 4<sup>th</sup> November 10:00 am where we can tell you more about how we work. There will be tea/coffee and cake!

No skill level or experience required, just a curiosity about the writing process and a willingness to have a go.

We meet monthly, usually the first Saturday of the month (but with flexibility), 10.00-13.00 at the Pavilion, QEII Recreation Ground, Chatwell Lane, Modbury, PL21 0FS

Modbury Creative Writing Group looks forward to meeting you. Come and try us out! Any enquiries please email Lucy Brown: <u>lucyboyle.brown@icloud.com</u> or call 07906 693239.

#### Lucy Brown



(by the Palm Cross estate entrance)

Modbury Mission Community

### To know Jesus and make him known



St George's Church

Please check our website for our current opening times



### Welcome to St George's Church, Modbury

While renovations are taking place inside St George's Church, venues for our services may vary so please check our website for the latest updates: <u>www.modburyteam.org</u>. Kids' Church has resumed so please bring your children to the advertised Service venue and they will be met by the leaders and taken to the School Hall.

November	Service		Service Leader	
Sunday 5 <sup>th</sup>	Holy Communion 9.30 am	Modbury Memorial Hall	Rev. Matt Rowland	
Sunday 12 <sup>th</sup>	Holy Communion BCP 8.00 am Service of Remembrance 10.00 am	St Monica's	Rev. Matt Rowland	
		Modbury Memorial Hall	Rev. Matt Rowland	
Sunday 19 <sup>th</sup>	Holy Communion 9.30 am	Modbury Memorial Hall	Rev. Neil Barker	
Sunday 26 <sup>th</sup>	No Service in Modbury, please see our website for other services in the Mission Community			

### CHRISTIAN COMMENT: 'We will remember them'

November is the month for remembrance, as we remember on the 5<sup>th</sup>, Bonfire Night and on the second Sunday, Remembrance Sunday.

Before I was a vicar, I was a history teacher in a secondary school just outside Bristol. The best lessons happened when the past became something that could be experienced in the moment. I remember one pupil bringing in a shell case from WW1 that a French farmer had dug up while ploughing his fields just as they were walking by. In that lesson, we were able to handle not just history books, but actual history.

I took a group of A-Level students to Berlin while they were studying the Holocaust and we walked around a villa in the Berlin suburb of Wannsee where many historians believe the Final Solution was planned at a conference in 1941. The past became very close standing in the same rooms where those terrible decisions had been made.

The events that Christianity is founded upon can seem very distant. Yet what makes those events so powerful is that they can be experienced in the moment. What is that experience? A joyful expectation of the future, based on true events of the past, which changes everything about our present. It is a hope worth exploring.



**Rev. Matt Rowland** 

### Holbeton Film Club Our programme for the coming months is:

**The Banshees of Inisherin**, 12A, Sat 11<sup>th</sup> Nov

Elvis, 12A, Fri 8th Dec

Contact 01752 830274, harryluson@gmail.com







### Modbury and District Branch Royal British Legion

The next meeting of the Modbury and District Branch of the Royal British Legion will be a social gathering taking place in The Exeter Inn on Friday 3<sup>rd</sup> November 2023 starting at 7pm with a curry supper. Please book a place with Duncan Squires (07889 825986). New members are always most welcome. Also the launch of this year's Poppy Appeal did happen on Saturday 28<sup>th</sup> October

and there will be street collections on Saturdays 4<sup>th</sup> and 11<sup>th</sup> November. Wear your poppy with pride.

### REMEMBRANCE

On Saturday 11<sup>th</sup> November there will be a short Armistice Day service at 10:55 am at the War Memorial.

Due to Modbury Church being unavailable because of the on-going restoration work, the Remembrance Sunday Service will be held in the Memorial Hall at 10:00 -10:45 am. On completion of the service the Standards and wreath laying party will move to the War Memorial for the Act of Remembrance at 11:00 am.

Due to the change of venue, unfortunately there will be limited seating in the hall. All are welcome to join the Royal British Legion at the service, and the War Memorial. The 8:00 am BCP communion service at St Monica's Church will also have a Remembrance theme.

#### David Scott (Hon Secretary)

### An Apothecral Tail: Novum stagnum in Roslin Villa

### Autumnale



An uninvited, though still welcome, guest at the new pond is this **St Peter's Wort** (Hypericum tetrapterum). Specimens from the *Hypericum* genus are common around Modbury. These are predominantly a garden variety, *Hypericum* 'Hidcote'. Collectively all these species are commonly referred to as "St John's Wort".

Hypericum perforatum is the species most usually used medicinally. This is a native species though I have yet to spot a specimen locally (still looking!). The medicinal properties are, I believe, shared by most species, but only perforatum is grown commercially. Hypericum has been recognised for its mystical properties since ancient times. It gets its name from the Greek "hyper" meaning over and "eikon" meaning image or apparition in recognition of its ability to ward off evil spirits. Galen, Dioscorides, Pliny and Hippocrates advocated its use as a diuretic, and for wound healing, menstrual disorders, worms and snakebites. Early Christians also believed in its mystical properties.

The name "St John's Wort" was likely given because the plant's peak blooming is around June 24th (Feast of St John the Baptist). Hypericum releases blood red oil around the end of August, the time of John the Baptist's beheading (August 29th).

Throughout the Middle Ages hypericum continued to be used for a variety of conditions both internally and externally. In the 16th century Paracelsus, Gerard and Culpepper recommended it to treat wounds and relieve

pain. In 1525 Paracelsus recommended St John's Wort to treat depression, melancholy and over excitement.

There has been plenty of research, plus clinical trials relating to the use of St John's Wort. These have generally shown it to be as effective at treating mild depression and anxiety as licensed prescription drugs such as the Selective Serotonin Reuptake Inhibitors (SSRIs) eg fluoxetine (Prozac), sertraline (Lustral) and citalopram (Cipramil) etc. and possibly with fewer side effects.

Despite this there are no licensed medicines containing St John's Wort in this country and it is therefore not prescribed on the NHS. This is partly due to the fact that it acts as an enzyme inducer and consequently interacts with many prescription medicines. I suspect, also, that there is insufficient financial incentive to "Bigpharma" to develop St John's Wort for prescription use.

Fiat cum secundem artem



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### Modbury Twinning Association Wine Tasting

Next up in the Modbury Twinning calendar is our annual wine tasting meeting, on Friday the 17<sup>th</sup> November7:30 pm at a central Modbury location. This is one of Modbury's premier social occasions and we would like you to join us. No requirement to speak French, or even host or travel, but if you are interested please ask if we have space that evening – it will be  $\pounds12$ per head including a decent amount of vin and tasty nibbles. We really would like a wide selection of ages and interests to join in the fun and this gathering will be a great opportunity to check it out.

After our wonderful visit to Lanvéoc in June, we will be welcoming over our Breton friends to Modbury next June. Before then we will have our annual dinner in January and French film night in March, and then our Summer party in July.

Email us at modburytwin@gmail.com to find out more and/or get on the list for wine tasting.

### Memories of the River Erme and Estuary

River Erme Councils (Six Town and Parish Councils whose catchment includes the River Erme) are pooling resources to help improve the state of the river and its estuary. As part of this initiative, we invite you to share your memories of the Erme - spending time with friends and family, swimming, kayaking, horse riding and dog walking, as well as just taking time out from busy lives - all add up to build a picture of how the community has engaged with this wonderful river over the years. We want to hear from you! We are also interested in any encounters with wildlife, favourite times of year and so forth (picking sloes for gin, watching the migrating birds come and go, snacking on rock samphire etc.).

You are invited to drop in to the Modbury Parish Council office, 2 Galpin Street, Modbury PL21 0QA and share your memories for a special audio recording that will form part of a future exhibition. Drop in sessions are 11am to midday on Saturday 28th October and Saturday 4th November with Laura Denning, Modbury resident and artist and academic, who will collate the recordings. You can also contact Laura directly if you do not wish your voice to be recorded, but would like to talk to her. For those living outside Modbury, you are welcome to come to our parish office or contact Laura to arrange a meeting nearer to you.

lauradenning2@gmail.com

https://www.plymouth.ac.uk/staff/laura-denning

Dr. Laura Denning is an Artist/Researcher and Principal investigator for British Academy SRG: Wet Ontologies and Artist in Residence: Leverhulme Centre for Anthropocene Biodiversity.

Ann Turner

Tony Price

### SOUTH HAMS MOBILE LIBRARY

Saturday 25th November Poundwell Sq. 09:45 to 12:15

### **Tuesday 7th November**

Ayleston Park 14:45 to 15:30 Higher Green Park (Palm X) 15:35 to 16:35 09:10 to 09:30

Wednesday 8th November

California Inn Carpark



### MODBURY PARISH COUNCIL

Modbury Parish Council Office, 2 Galpin Street, PL21 0QA 01548 830222 email parishclerk@modburyparishcouncil.gov.uk

#### Your Councillors are:

Bill Cole	01548 830913
Gerry McAllister	07957 597217
Helen Nathanson	
Barbara Price (Chair)	07739752095
Tony Price	07801837129
Phil Smith (Vice Chair)	07759282404
Dave Trigger	07808742372
Ann Turner	01548830606
Sarah Wyatt	07794 662903

gerrymcallister@modburyparishcouncil.gov.uk helennathanson@modburyparishcouncil.gov.uk barbaraprice@modburyparishcouncil.gov.uk tonyprice@modburyparishcouncil.gov.uk philsmith@modburyparishcouncil.gov.uk davetrigger@modburyparishcouncil.gov.uk annturner@modburyparishcouncil.gov.uk sarahwyatt@modburyparishcouncil.gov.uk

#### How can we help you?

Councillors run drop-in surgeries on Saturdays 10 – 11am in the Parish Office at 2 Galpin Street. The Parish Clerk is in the Parish Council office on Tuesdays 10am – 4pm. Call into the office, phone, email or come along to our meetings on the first Tuesday of every month and speak in the public forum.

Devon County Councillor (Salcombe Division):	Rufus Gilbert Tel: 01548 856659
South Hams District Councillor Charterlands Ward:	rufus.gilbert@devon.gov.uk Bernard Taylor Tel: 01548 830844
	Cllr.Bernard.Taylor@southhams.gov.uk

### When It Comes to Musical Talent, Modbury Hits All the Right Notes



For such a small town, Modbury has an incredible array of talented musicians. Four of our local bands have agreed to entertain us with a programme that spans a wide range of music genres. It's all happening at the **Memorial Hall on Saturday 18<sup>th</sup> November** at 7:30pm (doors open at 7:00pm).

The organisers and bands hope it will at least go some way to making up for everyone missing out on the planned gig at the Coronation's ONE-BIG-STREET Party that was frustratingly rained off last May.

To help make a real night of it, the Modbury Inn will not only be running a bar, but also providing freshly cooked burgers and hot dogs. Simply order and pay on arrival and you can collect your order at the interval.



### HOUND DOGS



BOOMERS



### A Bit About the Bands

**Hound Dogs** When asked to provide a few words on Hound Dogs, a self-effacing Woody said "the Hound Dogs only know three chords so Rock & Roll is our only option". Don't worry, Woody (Paul Woodcock) is a very accomplished guitarist, supported by talented band members that include: Fran Perry, Simon Bonell and Jo Woodcock. Woody says "Community is everything and in being able to support our community through music is a joy and a gift."

**Boomers** are Boony Bower, Mike Marchant, Rob Wyatt and Sarah Wyatt. Based in Modbury, they host and play at a monthly acoustic night in the town and have appeared as soloists, duos, trios and all together at various music venues across South Devon. Their music ranges across folk, country and pop genres, characterised by harmony vocals and underpinned by guitars and mandolin. They also aim to get some audience participation going via arrangements of well-known tunes - so be warned! Individual Boomers members are heavily involved in our local community and are pleased to support events like 'Live and Local'.

**Barefoot Summer's** frontman, Tony Gwynne, has written with teams who write for artists such as Snow Patrol, Kylie and Dido. As a solo artist he's released 5 albums of his own songs, but in 2022, wanting to develop his material for a live band, he recruited Modbury-based drummer/percussionist Jeremy Hibbard and bassist Dan Lott. Between them they sifted through dozens of original songs, choosing those with an upbeat, summery vibe suitable for the UK festival circuit. The band were delighted to be asked to play Modbury's 'Live & Local'. "Our songs were inspired by Devon, as well as written and produced here, so it's important we play them for a Devon audience," said the band.

**Dust Devils** have been making music together in various guises for more than a decade, including working together on many of Modbury's Christmas shows and singalongs. *Dust Devils* came about because of a shared love of American Roots and Blues plus many other genres that they, in turn, have influenced. The band are now a popular and regular feature on the West Country folk circuit. They play a multi-instrumental set featuring guitars (wood and steel), banjo and mandolin and you can expect to hear songs from the 1850's right up to the present day with a few surprises and singalongs too. "This type of music has its roots in community" say the band, "so where better to play it than at a community event".

Tickets are priced at just £5 to make it a night out that as many people as possible can afford. You can purchase tickets for LIVE & LOCAL from The Post Office and The Modbury Inn. The hall layout will be table seating to make it easier for eating and drinking, plus some additional chairs so we can accommodate a few more people. Food and drink is not included in the ticket price.

November is usually a pretty dreary month, so here's a chance to cheer yourselves up with a great night out. Maybe team up with family, friends or neighbours to enjoy some of Modbury's finest musical talent. You can buy individual tickets and just grab a seat, you don't have to book a whole table.

We're confident the bands will hit all the right notes, and as Eric Morecombe would have added . . . and hopefully in the right order.

#### Colin Whybrow and Chris Birch



**Modbury Players** 

## Christmas Show



Sarah Wyatt

For 1 night only

### Saturday 9th December

Wow, what a turn out for the casting session we had last month for Oliver!. We were so impressed with the amazing effort each and every one of you brought to the stage and we are only sorry that we couldn't take all of you. Unfortunately, the set design makes it impossible to have too many people on the stage at once, so please don't be disappointed, but come along and support the show to see how it all comes together. It's a first in the history of the Modbury Players to put on such an ambitious show, all produced and directed by our amateur team.

On another note, we are putting on a Christmas evening of songs and acts on the 9<sup>th</sup> December, so, especially those who are not involved in Oliver!, get in touch, we'd love to hear from you and have you involved. This is to get us all in the mood for Christmas and will involve glitter and sparkles.

Contact sian.walker-mcallister@outlook.com



## Oliver! Feb 1, 2, 3 Update

- We held our first rehearsal on Sunday 8<sup>th</sup> October, a wonderful opportunity for everyone to meet each other, read the script and do some early work on two songs. We will be rehearsing twice a week up until Christmas, increasing to three times a week in January.
- \* The set design is coming together well, props are being sourced and the stage has been cleared in readiness to build the set hopefully by the middle of November.
- \* Jo is making progress putting together her orchestra, she has hired 2 grand pianos for the final rehearsals and performances and is working on numerous song arrangements.
- \* Work on costumes, lighting, sound, front of house and back stage will begin shortly.
- We are delighted to be working with our sponsor, Marchand Petit, and have developed a fun awareness campaign which will commence in December. Marchand Petit will be selling the tickets from their Modbury office from 1<sup>st</sup> December.
- \* We will keep you updated with our progress in next month's edition of the Modbury Messenger.

#### Peter Lowe, Phil Smith, Jo Highley and Angie Tall







### LET'S MEET FOR A COFFEE IN MODBURY OR WHY NOT VISIT OUR OFFICE AT ROYAL WILLIAM YARD?

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### Modbury History Society

The dates of meetings and speakers for this year are:

10<sup>th</sup> Nov The Story of West Country Trade Dr Jenny Moon

8<sup>th</sup> Dec **The History of the Christmas Carol** Adrienne Hesketh

The Society meets at the QEII Pavilion situated at the Pavilion at Queen Elizabeth II Recreation Ground, in Chatwell Lane, Modbury, PL21 0FS, where there is ample parking. Meetings take place at 7.30pm on the second Friday most months and are advertised in the Modbury Messenger and on Modbury Nextdoor. Membership is £20 annually, but you are most welcome to come along to a talk if you are not a member for a fee of £5.

Please visit the Modbury Heritage website where, amongst many other things, there are old photographs of Modbury and more local scenes from postcards are currently being added.

Please contact me if you would like to know more about the society: <u>rosiejaneparker@gmail.com</u>



### Modbury WI

The next meeting of Modbury WI will take place at 7.30pm on Tuesday, 21<sup>st</sup> November 2023 when we will be participating in making Christmas crafts

as demonstrated by two of our talented members.

Modbury WI meets at 7.30pm on the third Tuesday of the month at the QEII Pavilion in Chatwell Lane, Modbury PL21 OFS excluding December, January and September when we meet up during the day for other activities such as coffee, lunch or tea out. Visitors are most welcome to attend a meeting for a fee of £5.

If you would like to find out more about what talks and activities are planned for the forthcoming year then please email <u>modbury@devonwi.org.uk</u>

#### **Rosemary Parker**

walk&talk Our November walks will be on the 7th, 14th, 21st and 28th.

The venue and travel arrangements for each of the walks will be discussed and decided at the previous week's walk.

Walk Leader contact details:

- Sue Rogers Catherine Speight Jean Wright Ann Brooks
- 01548 831289 01548 830195 01548 810029 01548 550300.

Sue Rogers

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### ARTS SOCIETY KINGSBRIDGE

Wednesday 22 <sup>nd</sup> November at 2.30pm + **Zoom** AGM at 2<sup>pm</sup> then our speaker

"Inspired by Stonehenge" Julian Richards

Venue:

The Methodist Church. 100 Fore Street, Kingsbridge, TQ7 1AW

All welcome - no need to be a member - £10 (£8 for Zoom) donation

theartssocietykingsbridge.org.uk

info@theartssocietykingsbridge.org.uk

### Ivybridge U3A Monthly General Meetings

Held at the Watermark 2.00pm – 4.00pm Local Artists and their Art

20 Nov 2023 Catherine Gillen

18 Dec 2023

Christmas Party



website Email

For more details go the lvybridge U3A www.ivybridge-u3a.org.uk lvybridge.u3a@gmail.com

### INTENDED MONTHLY FLAG HOIST AT PALM CROSS GREEN - November

<u>Date</u>	<u>Masthead</u>	Starboard Yard (Plymouth) - West	Port Yard (Modbury) - East	<u>Event</u>	
04	Army Flag	LA1stsubMEIN	1942Ans	End of El Alamein Battle 1942	
07	Union Flag	SUEZ	1956Ans	End of the Suez Conflict 1956	
10	Army Flag	3YPRES .	191stsub7Ans	End of the 3rd Ypres Battle 1917	
11	RBL Flag	ARMISTC	191stsub8	Armistice Day 1918	
12	RBL Flag	Poppy and others	Lest We Forget	Remembrance Sunday	
14	Union flag - RC	HMKING	1948	HM King Birthday 1948	
18	Army Flag	SOM3 <sup>rd</sup> subE	191stsub6Ans	End of the Battle of the Somme 1916	
30	Scot Lion Flag	St Andrew Cross	ANDREW	Scotland Patronal Saint	
04	Army Flag	LA1 <sup>st</sup> subMEIN	1942Ans	End of El Alamein Battle 1942	
07	Union Flag	SUEZ	1956Ans	End of the Suez Conflict 1956	

1. Please note that if the wind is above 20 knots the intended flag hoists will not take place.

2. The intended flag hoists will not take place if the Modbury Chief Yeoman is absent.

3. All the signal hoists are done using the various Country/National Ensigns and the International Code of Signals Flags.

4. Starboard Yardarm (Plymouth)-West, will have the event wording, (which sometimes is abbreviated – only 7 or 8 flags can be flown).

5. Port Yardarm (Modbury)-East, will have the year. Answer Pennant (Ans) will indicate the start (when at the top) or end (when at the bottom).

6. 1st , 2<sup>nd</sup> , 3<sup>rd</sup> substitute flags will be used whenever a flag flown earlier/higher in the hoist is to be repeated. eg 2022 = 2,0,1stsub,3<sup>rd</sup>sub.

7. If there is a significant event which does take place, additional signal flag hoists will be arranged, subject to the note 1 above. However, all the above flag hoists are subject to change.



#### COMMERCIAL ADVERTISING RATES MODBURY MESSENGER NOVEMBER 2023

SIZE	1 INSERTION		3 – 10 INSERTSIONS (Per insertion)		12 INSERTIONS (Per insertion)		12 INSERTIONS (Year Total)	
	Black	Colour	Black	Colour	Black	Colour	Black	Colour
1/8 page	£15.00	£30.00	£13.00	£26.00	£8.00	£16.00	£96.00	£192.00
1/4 page	£30.00	£60.00	£25.00	£50.00	£15.00	£30.00	£180.00	£360.00
1/2 page	£54.00	£108.00	£43.00	£86.00	£25.00	£50.00	£300.00	£600.00
1 page	£96.00	£192.00	£74.00	£148.00	£40.00	£80.00	£480.00	£960.00

Advertisement Sizes: One eighth page One quarter page One half page Full page

Portrait or Landscape 1.75" x 2.5" (45mm by 65mm) Portrait 3.5" x 5" (90mm x 130mm) Landscape 7" x 2.5" Landscape 7" x 5" (180mm x 130mm) Portrait 10" x 3.5" Portrait 7" x 10" (180mm x 250mm)

To advertise in the Modbury Messenger, contact the Editor, Lynne Barnes via email on modburymessengercic@gmail.com

### Modbury Messenger December 2023

### Copy Date 10th November

The copy date for the December 2023 Modbury Messenger is 10th November. Please email all articles, notices of events and paid advertisements to <u>modburymessengercic@gmail.com</u>.

The Modbury Messenger is published by Modbury Messenger CIC and is printed by Kingfisher Print. The views expressed in the Messenger do not necessarily represent those of Modbury Messenger CIC.

The Editorial Committee reserve the right to précis/abbreviate any copy submitted for inclusion in the Modbury Messenger. Their decision is final. The contents of the Modbury Messenger may not be reproduced in any form without the prior written permission of Modbury Messenger CIC.

### modburymessengercic@gmail.com

### **MODBURY MESSENGER CIC**

Modbury Messenger CIC is a Community Interest Company and as such is registered by the Registrar of Companies for England & Wales, Northern Ireland or Scotland. A Community Interest Company is a special type of not-for-profit limited company which exists to benefit the community. The purpose of Modbury Messenger CIC is to disseminate information about events, notices and articles of interest to the people of Modbury and it does this by publishing the Modbury Messenger, a printed newsletter, every month with 1000 copies delivered to homes and businesses within the Parish of Modbury. An online copy of the Modbury Messenger is available to neighbouring communities, advertised via social media and on our website modburymessengercic.co.uk.

Advertisers are charged a fee for advertising in the Modbury Messenger and this covers the cost of producing the Modbury Messenger. The Board of Directors, Company Secretary, Editor, Proofreaders and Distributors are all volunteers.

**Directors of Modbury Messenger:** Christopher Barnes, Diana Lynne Barnes, Ira Young, Bernard Taylor. **Company Secretary:** George Rosevear FCIS.

Editorial Committee: John Bower, Lynne Barnes, Nicky Shepley, Ira Young.

Modbury Messenger CIC has produced the Modbury Messenger as an independent CIC since September 2018. Previously, it was published by Modbury Parish Council.

### **CRAFT GROUP**

### Memorial Hall, Modbury



Every Thursday 2 to 3.30pm All abilities welcome £2 Please contact Wendy on 01548 831219 for more information

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